



**CREATIVE  
CLASSES**  
— *for* —  
**CURIOUS  
MINDS**



**SELWYN** 20  
COMMUNITY 25  
EDUCATION

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THE PROGRAMME ONLINE





## THE SELWYN COMMUNITY EDUCATION TEAM



Anne Cave (Director) ▪ Ali Farrelly ▪ Clare Brooks  
▪ Helen Carroll ▪ Jo Luker

Selwyn Community Education is a great place for people who love learning and want to be challenged by trying new experiences and meeting new people. We welcome you in 2025.



# 3 EASY WAYS TO ENROL

**Please Note:** Your place is secured only once payment is received. Enrol early to ensure your place – Don't miss out!

<p><b>1 ONLINE</b> </p> <p>Visit our website with secure Windcave online enrolment option and email receipting. <a href="http://www.selwyncomed.school.nz">www.selwyncomed.school.nz</a> Visa/Mastercard or bank transfer.</p>	<p><b>2 PHONE</b> </p> <p>Telephone <b>521 9623</b> with course details and Visa or Mastercard, or ask for our account number for direct deposit via internet banking.</p>	<p><b>3 IN PERSON</b> </p> <p>Our office is at Selwyn College: <b>203-245 Kohimarama Road, Kohimarama.</b> Payment options: EFTPOS, Visa or Mastercard.</p>
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### STAY UP TO DATE!

 <p><b>facebook.</b></p> <p>Join 'Selwyn Community Education' on Facebook for the latest discounts, specials, course changes and photos.</p>	 <p><b>e-newsletter</b></p> <p>Be one of the first to receive course information and specials. Sign up for our free newsletter on our home page at <a href="http://www.selwyncomed.school.nz">www.selwyncomed.school.nz</a></p>
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Phone: 09 521 9623 Email: [info@selwyncomed.school.nz](mailto:info@selwyncomed.school.nz)

[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

# COURSE CATEGORIES



Can't find what you're looking for here? **Tell us!** We're always open to suggestions.

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# ACCOUNTING, MARKETING & BUSINESS



■ Please note that some of our courses have pre-requisite skills or knowledge. Check details on the website.

## AI COURSES - RESEARCH / WRITING / VIDEO EDITING / AUTOMATION...

NEW

See Computer Skills – Navigating AI & Fact Checking

## A ROADMAP TO STARTING AN ONLINE BUSINESS (WEEKEND)

Price: \$142 / \$60 (for qualifying residents)

Find out about this rapidly growing way of doing business. Learn about getting online, market research, case studies and more.

Sunday 6 April 9:00am - 5:00pm 1 day course

## ACCOUNTING - THE BASICS

Price: \$88 / \$25 (for qualifying residents)

Understanding accounting concepts will help you successfully read, create and comprehend financial reporting. You will gain useful practical knowledge of accounting principles and methods. This course is designed for those new to accounting.

Monday	10 March	7:00pm - 9:00pm	4 week course
Monday	5 May	7:00pm - 9:00pm	4 week course
Monday	18 August	7:00pm - 9:00pm	4 week course
Monday	3 November	7:00pm - 9:00pm	4 week course

## CREATE A CONTENT CALENDAR FOR BLOGS AND SOCIAL MEDIA WITH AI

NEW

Price: \$98 / \$25 (for qualifying residents)

Learn how to plan your content easily using AI tools. We'll show you how to use AI helpers like Perplexity, ChatGPT, and Claude to make your content planning faster and better.

Wednesday 7 May 7:00pm - 9:00pm 4 week course

## DATABASE FUNDAMENTALS AND SOFTWARE DESIGN WITH MICROSOFT ACCESS

Price: \$155 / \$50 (for qualifying residents)

Learn how to use Microsoft Access to build a simple system from database design through to data entry forms and reports.

Tuesday	18 February	7:00pm - 9:00pm	8 week course
Tuesday	29 July	7:00pm - 9:00pm	8 week course

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DETAILS, UPDATES & ENROLMENT: [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

## DEVELOP YOUR OWN SUSTAINABILITY PLAN (WEEKEND)

NEW

See Personal Development

## HOW TO GROW YOUR BUSINESS WITH DIGITAL MARKETING (WEEKEND)

Price: \$80 / \$40 (for qualifying residents)

This class will give you an overview of digital marketing including channels, funnels, audience demographics and behaviour. You will learn how to create an online persona and start your own digital journey.

Saturday	1 March	10:00am - 4:00pm	1 day course
Saturday	29 November	10:00am - 4:00pm	1 day course

## HOW TO GROW YOUR DIGITAL BUSINESS WITH AI TOOLS (WEEKEND)

NEW

Price: \$80 / \$40 (for qualifying residents)

Join our hands-on workshop and discover how to use artificial intelligence tools to create a winning digital content strategy. Learn how to generate brand names, design logos, and create stunning visuals, all while crafting a marketing plan tailored to your niche.

Saturday	5 April	10:00am - 4:00pm	1 day course
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## HOW TO USE CANVA FOR SOCIAL MEDIA MARKETING (WEEKEND)

Price: \$80 / \$40 (for qualifying residents)

Join Seann for an introduction to the use of Canva for social media marketing, and how it can help promote your business.

Saturday	7 June	10:00am - 4:00pm	1 day course
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## HOW TO USE CAPCUT FOR CONTENT MARKETING (WEEKEND)

Price: \$80 / \$40 (for qualifying residents)

CapCut can help enhance video marketing with effects, music, subtitles and more!

Saturday	17 May	10:00am - 4:00pm	1 day course
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DETAILS, UPDATES & ENROLMENT: [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

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## HOW TO USE INSTAGRAM FOR SOCIAL MEDIA MARKETING (WEEKEND)

Price: \$80 / \$40 (for qualifying residents)

Come and learn how to produce a profile and different types of content including stories, music, and special effects. You'll get an overview of creating and editing reels and learn how to create a live feed that can be turned into an IGTV video.

Saturday	5 July	10:00am - 4:00pm	1 day course
Saturday	1 November	10:00am - 4:00pm	1 day course

## MICROSOFT EXCEL - BEGINNERS / CONTINUATION / ADVANCED

See Computer Skills

## SEO FOR SMALL BUSINESS (WEEKEND)

Price: \$142 / \$60 (for qualifying residents)

An introduction to the key concepts of Search Engine Optimisation (SEO) from an organic perspective (without purchasing advertising).

Sunday	18 May	9:00am - 5:00pm	1 day course
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## WORDPRESS BOOTCAMP (WEEKEND)

See Computer Skills

## XERO WEB BASED ACCOUNTING: GETTING STARTED

Price: \$148 / \$60 (for qualifying residents)

Learn how to set up your business in Xero. Get familiar with the Dashboard and basic Xero functions. Students will need their own Xero log on and should have basic computer literacy.

Monday	24 February	7:00pm - 9:00pm	6 week course
Monday	5 May	7:00pm - 9:00pm	6 week course
Monday	4 August	7:00pm - 9:00pm	6 week course
Monday	13 October	7:00pm - 9:00pm	6 week course



# ACCOUNTING, MARKETING & BUSINESS - PERSONAL FINANCES



## 101 INVESTMENT BASICS (NIGHT/WEEKEND)

NEW

Price: \$40

This group course covers the simple issues and processes that should be followed when creating a personal financial plan, goal setting tips, investment basics, tax, risk, and estate planning. The goal of this course is to better protect you and build your financial confidence through easy-to-understand important financial education and share with you how other kiwis achieve their own financial independence quickly and safely.

Sat + Sun	5 April	10:00am - 2:00pm	2 day course
Wednesday	7 May	7:00pm - 9:00pm	4 week course
Wednesday	27 August	7:00pm - 9:00pm	4 week course
Sat + Sun	6 September	10:00am - 2:00pm	2 day course

## HOW TO BE SUCCESSFUL IN PROPERTY IN 2025 (NIGHT/WEEKEND)

Price: \$129

Is 2025 the year to be buying property? We're entering uncertain times and you're probably confused by all the articles, opinions and predictions on what's going to happen. This course will give you the strategies and skills to make sound decisions.

Wed + Sat	20 August	7-9pm + 9:30am-3:30pm	3 weeks + 1 Saturday
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## HOW TO BUY YOUR FIRST HOME

Price: \$29 (Register for 2, pay for 1)

Buying your first home can be an extremely daunting process with many not knowing where or how to start the journey. Special offer: register two learners on one order and you'll be charged only one course fee, making it easy for you to prepare together!

Wednesday	23 July	7:00pm - 9:00pm	3 week course
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## THE SECRETS OF BUYING AND SELLING A PROPERTY

NEW

Price: \$29 (Register for 2, pay for 1)

Property prices have recently dropped. The rules have changed, lending rules, bright line tests, healthy homes rules, ring fencing of income and REA regulations rules just to name a few. It is now more important than ever to understand how to get the best possible sale price for a home in difficult times.

Wednesday	4 June	7:00pm - 9:00pm	3 week course
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# ART & CRAFT - PAINTING



## ABSTRACTION AND PATTERN (WEEKEND)

**Price:** \$105 - (Includes materials)

Join EK and be introduced to abstraction using pattern and repetition. Have a fun day completing an artwork. All materials are included including paper and paints and a large canvas.

Saturday	1 March	10:00am - 4:00pm	1 day course
Saturday	16 August	10:00am - 4:00pm	1 day course

## ABSTRACT PAINTING

**Price:** \$182 - (Includes materials)

This course will introduce you to the world of abstract painting and allow you to create your own abstract works. If you already have some experience, you will be able to extend your painting skills. The course fee includes all materials.

Wednesday	30 April	6:30pm - 8:30pm	8 week course
Wednesday	15 October	6:30pm - 8:30pm	8 week course

## ACTION PAINTING (ABSTRACT EXPRESSIONISM) (WEEKEND)

**Price:** \$105 - (Includes materials)

Action painting, sometimes called "gestural abstraction", is a style of painting in which paint is spontaneously dribbled, splashed or smeared onto the canvas, rather than being carefully applied. This workshop will introduce you to the world of action painting and allow you to create your own abstract work.

Saturday	17 May	10:00am - 4:00pm	1 day course
Saturday	1 November	10:00am - 4:00pm	1 day course

## ALCOHOL INK BLOOMS (WEEKEND) NEW

**Price:** \$95 - (Includes materials)

Unleash your creativity and explore the vibrant world of alcohol ink in this hands-on four hour workshop! In Alcohol Ink Blooms, you'll learn the techniques to create stunning florals, landscapes, and even abstract designs using the dynamic and colourful medium of alcohol ink.

Saturday	5 July	10:00am - 2:00pm	1 day course
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## AN INTRODUCTION TO OIL PAINTING

**Price:** \$210 - (Includes materials for first class only)

Whether you're new to the medium or a seasoned painter in other media, Robyn's very experienced approach to painting offers something for everyone to learn. With her gentle encouragement you will start with drawing before progressing to oils, using art history and contemporary art references to help you find your chosen style.

Tuesday	29 April	7:00pm - 9:00pm	8 week course
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## AN INTRODUCTION TO OIL PAINTING - NEXT STEPS NEW

**Price:** \$180 - (BYO materials)

You've attended Robyn's Intro to Oil Painting course. Now join her to continue your oil painting journey.

Tuesday	18 February	7:00pm - 9:00pm	8 week course
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## BOTANICAL DRAWING AND PAINTING - CAPTURING NATURE IN ART (WEEKEND)

**Price:** \$145 - (Includes materials)

Explore the delicate art of botanical illustration in this hands-on course, where you'll learn to draw and paint plants with accuracy and creativity. Starting with an introduction to the rich history and contemporary development of botanical art, you will gain a deeper understanding of how this art form has evolved and its significance today.

Saturday	5 July	9:30am - 4:00pm	1 day course
Saturday	1 November	9:30am - 4:00pm	1 day course

## CREATING ABSTRACT LANDSCAPES IN OILS (WEEKEND)

**Price:** \$205 - (Includes materials)

Spend an inspiring weekend with Sally to develop landscape painting techniques in oils. You will depict, in a semi-abstract form, a landscape that is important to you.

Sat + Sun	16+17 August	10:00am - 4:00pm	2 day course
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## CREATING ART WITH MIXED MEDIA

**Price:** \$183 - (Includes materials)

Join us to develop your art practice by including a range of mixed media elements to your work. Mixed media artist Sanjay Theodore will introduce you to installation art through mixed media. You will learn to work with paint, pastel, collage, pencil, gauche. At the end of the course you will be able to create your own large work to take home and feel proud of!

Wednesday	7 May	7:00pm - 9:00pm	8 week course
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## CREATING WATER AND SKY WITH WATERCOLOURS (NIGHT/WEEKEND)

Price: \$99-\$125 - (Includes materials)

Do you want to extend your watercolour skills by painting the ever-changing landscapes of sky and water? Come and learn how to harness light and dark and create atmospheric scenes that you will be proud of.

Sunday	6 July	10:00am - 4:00pm	1 day course	\$99
Tuesday	22 July	6:30pm - 8:30pm	4 week course	\$125

## EX-VOTO PAINTING - THE MEXICAN ART OF GRATITUDE (WEEKEND)

Price: \$98 - (Includes materials)

Learn to explore and create these indigenous paintings of gratitude used in Mexico for centuries to offer thanks to the saints for recoveries from misfortune.

Saturday	5 April	10:00am - 4:00pm	1 day course
Saturday	6 September	10:00am - 4:00pm	1 day course



NEW

## HISTORY OF ART IN ANCIENT MEXICO

See History & Society

## LIGHT UP CANVAS ART FOR ADULTS (WEEKEND)

NEW

Price: \$120 - (Includes materials)

Jas will teach you how to paint a nightscape (in acrylics, on a canvas) which will be illuminated from behind with LED lights, creating a charming artwork.

Saturday	7 June	10:00am - 4:00pm	1 day course
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## MEDITATIVE ART

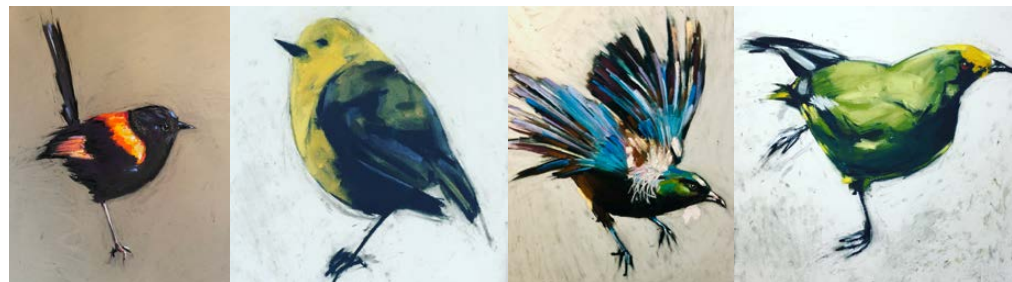
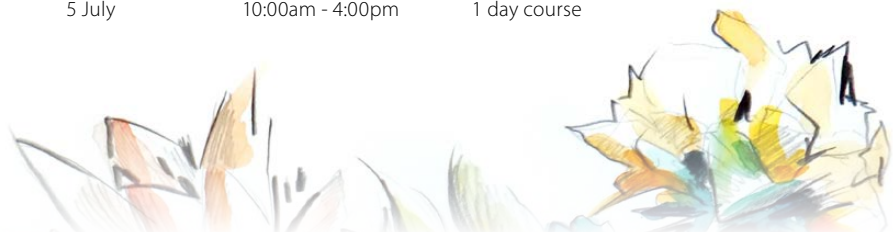
See Art & Craft - Other

## OIL PAINTING - WITH EVAN WOODRUFFE (WEEKEND)

Price: \$95 - (Includes materials)

Join renowned artist Evan Woodruffe to learn the essentials of oil painting including preparation, brush selection, colour selection and composition whilst learning about allergy-friendly painting processes. You will complete several small studies to take home with you.

Saturday	5 July	10:00am - 4:00pm	1 day course
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## PAINTING BIRDS WITH SOFT PASTELS

Price: \$172 - (Includes materials)

Learn basic drawing skills and how to paint beautiful birds that fly off the page. You'll learn how to work with pastels and be taught simple drawing techniques to create vibrant paintings of our feathered friends.

Wednesday	5 March	7:00pm - 9:00pm	5 week course
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## PAINTING LANDSCAPES IN WATERCOLOUR - FOR BEGINNERS (NIGHT/WEEKEND)

Price: \$95-\$115 - (Includes materials)

Want to capture the world around you using the magic of watercolour? Learn both traditional and experimental techniques to paint simple landscapes (mountains, coasts, bush, gardens, streams) from the masters. By the end of the course you will be beginning to paint atmospheric landscapes that are meaningful to you, and have gained experience in watercolour.

Saturday	5 April	10:00am - 4:00pm	1 day course	\$95
Tuesday	19 August	6:30pm - 8:30pm	4 week course	\$115

## PAINTING ROSES IN OILS (WEEKEND)

NEW

Price: \$168 - (Includes materials)

Unlock your inner artist and learn to paint a beautiful rose using oil paints. Whether you're a beginner eager to try oils for the first time or an experienced painter looking to refine your skills, you'll discover new techniques and tricks for creating vibrant, lifelike flowers with the rich texture and depth that only oil paints can provide.

Sunday	18 May	9:00am - 3:30pm	1 day course
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## PAINTING WITH ACRYLICS

Price: \$182 - (Includes materials)

Acrylics are extremely versatile, fast-drying paints, and can be used straight from the tube or thinned with water or other mediums. This course is an introduction to working with acrylics and will give you the confidence to start painting and/or extend your painting skills.

Wednesday	12 February	6:30pm - 8:30pm	8 week course
Wednesday	23 July	6:30pm - 8:30pm	8 week course

## PAINTING WITH ACRYLICS - WORKSHOP (WEEKEND)

Price: \$95 - (Includes materials)

Have fun discovering your artistic ability and gain confidence to start painting with acrylic paints.

Sunday 28 September 10:00am - 4:00pm 1 day course

## PAINTING WATER - WITH WATERCOLOURS (WEEKEND) NEW

Price: \$98 - (Includes materials)

Learn to paint stunning ocean scenes, majestic waves and serene seascapes. Discover techniques for blending colours, creating movement, and capturing the essence of water with vibrant hues. Perfect for beginners and enthusiasts. Dive into the beauty of watercolour!

Saturday 27 September 10:00am - 4:00pm 1 day course

## PAINTING WITH GOLD LEAF AND ACRYLICS (WEEKEND)

Price: \$92 - (Includes materials)

Explore acrylic paintings with gold leaf to add dazzling and stunning effects in a floral painting.

Saturday 17 May 10:00am - 4:00pm 1 day course

## PORTRAIT PAINTING

Price: \$185 - (Includes materials)

Learn the skills to paint portraits from photos. Learn the basics of form, value and colour – while stealing a few tricks from some of the old masters. Create your very own masterpieces.

Monday 21 July 7:00pm - 9:00pm 6 week course

## STILL LIFE IN MIXED MEDIA - EXPLORING CREATIVITY AND TECHNIQUE (WEEKEND) NEW

Price: \$95 - (Includes materials)

Unleash your creativity and explore new artistic techniques in this exciting mixed media course focused on still life. Whether you're a beginner or an experienced artist, this class offers a unique opportunity to combine traditional and modern mediums to bring everyday objects to life in fresh and dynamic ways.

Sunday 7 September 10:00am - 4:00pm 1 day course



## WATERCOLOUR AND DRAWING (WEEKEND) NEW

Price: \$115 - (Includes materials)

Susannah will teach you how to create eye-catching line and wash artwork, combining the linear qualities of pen and ink with the looser characteristics of watercolour.

Sunday 2 November 10:00am - 4:00pm 1 day course

## WATERCOLOUR - PATTERN AND ABSTRACTION (WEEKEND) NEW

Price: \$95 - (Includes materials)

Experiment with watercolours with a focus on pattern and abstraction using line, colour and texture to form and create dynamic compositions.

Sunday 8 June 10:00am - 4:00pm 1 day course

## WATERCOLOURS - AN INTRODUCTION

Price: \$164 - (Includes materials)

A beginner level watercolour evening class. All materials are included and you'll take home your own starter watercolours kit.

Monday 24 February 7:00pm - 9:00pm 6 week course  
Monday 13 October 7:00pm - 9:00pm 6 week course

## WATERCOLOURS - THE NEXT STEP

Price: \$138 - (BYO materials)

A follow on course for those who have completed our beginners course or already have basic watercolour painting skills.

Monday 12 May 7:00pm - 9:00pm 6 week course

## WORDS AND WATERCOLOURS - A DAY OF POETIC ART (WEEKEND)

Price: \$105 - (Includes materials)

Use words and watercolours to express feelings and emotions which arise from consideration of nature.

Sunday 17 August 10:00am - 4:00pm 1 day course



# ART & CRAFT - OTHER



## BEADED & COLOURED GLASS EARRINGS WORKSHOP (WEEKEND) NEW

Price: \$70 - (Includes materials)

Join us for a fun and creative half-day weekend workshop where you'll learn how to make your own beautiful beaded and coloured glass earrings. This hands-on class is perfect for beginners and those looking to explore their artistic side. Learn the basics of earring design, bead selection, and the techniques needed to create your own unique jewellery pieces.

Saturday	5 April	10:00am - 2:00pm	1 day course
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## BEAUTIFUL FEATHER EARRINGS FROM RECYCLED BICYCLE TUBES (WEEKEND)

Price: \$52 - (Includes materials)

Join waste warrior Ronja Schipper in this fun workshop, crafting a pair of beautiful earrings and a necklace from discarded bicycle inner tube.



Saturday	5 April	9:30am - 12:30pm	1 day course
Saturday	5 April	1:30pm - 4:30pm	1 day course
Saturday	5 July	9:30am - 12:30pm	1 day course
Saturday	5 July	1:30pm - 4:30pm	1 day course
Saturday	27 September	9:30am - 12:30pm	1 day course
Saturday	27 September	1:30pm - 4:30pm	1 day course

## BEGINNER'S CALLIGRAPHY - AN INTRODUCTION TO BEAUTIFUL WRITING NEW

Price: \$190 - (Includes materials)

Unlock the art of beautiful handwriting, in this beginner friendly calligraphy course! This is perfect for those with little or no experience, this workshop will guide you through the basics of creating elegant, expressive lettering using a broad edged pen and ink.

Monday	24 February	7:00pm - 9:00pm	6 week course
Monday	6 October	7:00pm - 9:00pm	6 week course

## CALLIGRAPHY - AN INTRODUCTION (WEEKEND) NEW

Price: \$88 - (Includes materials)

Spend a day being introduced to the art of calligraphy and learn techniques to achieve beautiful lettering for stationery, invitations, signs and cards. Materials included and you'll take home a starter pack. Please note this is an adults course and is not suitable for children.

Saturday	17 May	9:30am - 3:30pm	1 day course
Sunday	30 November	9:30am - 3:30pm	1 day course

## CALLIGRAPHY, GOLD FOILING & EMBOSING NEW

Price: \$198 - (Includes materials)

Learn calligraphy skills and other related techniques that will complement your letters, creating a beautiful personalised 'journal story' of our six weeks together.

Monday	21 July	7:00pm - 9:00pm	6 week course
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## CALLIGRAPHY - USING LETTERS TO MAKE A CALLIGRAPHIC BOOK NEW

Price: \$205 - (Includes materials)

In this evening course you will learn a range of techniques including calligraphy and lettering, gold foiling, embossing, personalised stamps, and simple book binding, to create not just a record but a personal journal story of all we learn over these six weeks.

Monday	28 April	7:00pm - 9:00pm	6 week course
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## CANDLE MAKING - FOR BEGINNERS (WEEKEND) NEW

See Home, Garden & DIY

## CARVE AND PLAY YOUR OWN MĀORI PUORO (WIND INSTRUMENTS) (WEEKEND) NEW

See Music, Dance & Drama / Home, Garden & DIY

## CARVE YOUR OWN POUNAMU MĀORI WHALE'S TOOTH PENDANT (WEEKEND) NEW

See Home, Garden & DIY

## CHILDREN'S BOOK ILLUSTRATION - WITH SANDRA MORRIS - CHARACTER DEVELOPMENT (WEEKEND)

Price: \$264 - (BYO materials)

Have an idea for a storybook character? Learn techniques to develop your very own storybook characters. Learn the process of illustrating, developing and producing a children's picture book.

Sat + Sun	5 April	9:00am - 5:00pm	2 day course
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## CREATE AN INTERNAL SELF PORTRAIT WITH PAPER COLLAGE (WEEKEND)

Price: \$53 - (Includes materials)

Collage is a relaxing and highly therapeutic art medium that allows self-expression for those without prior art experience and a uniquely inspiring means of artistic exploration. By selecting images that speak to you, you will create a portrait of your inner world and your unique life story taking home your own self-portrait.

Sunday	8 June	10:00am - 2:00pm	1 day course
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## CREATE YOUR OWN COLLAGED MEMORY BOX (WEEKEND)

Price: \$92 - (Includes materials)

Dive into the world of paper collage and create a personalised keepsake that captures the essence of your life's moments. We provide materials but feel free to bring old photos, personal notes, letters, drawings, or maps from home to make it truly personal.

Sunday 6 April 10:00am - 4:00pm 1 day course

## CREATING A VISUAL JOURNAL (NIGHT/WEEKEND)

Price: \$99-\$123 - (Includes materials)

Want to learn how to keep a visual diary? The possibilities are endless with Visual Journaling – as varied as your days and as boundless as your art.

Saturday	1 March	10:00am - 4:00pm	1 day course	\$99
Monday	3 March	6:30pm - 8:30pm	4 week course	\$123
Saturday	1 November	10:00am - 4:00pm	1 day course	\$123

## CREATIVE CALLIGRAPHY - DESIGN YOUR OWN ALPHABET (WEEKEND) NEW

Price: \$98 - (Includes materials)

In this engaging workshop, you'll dive into the world of calligraphy with a focus on creating your own unique letterforms.

Saturday 7 June 9:30am - 3:30pm 1 day course

## CYANOTYPE PHOTOGRAPHIC PRINTING (WEEKEND)

Price: \$68

Come and learn this 19th century photographic printing process, also known as shadowgraphs or blue-prints. You will learn to create your own fine art prints, cards or bespoke books.

Sunday	2 March	9:30am - 12:30pm	1 day course
Saturday	1 November	9:30am - 12:30pm	1 day course
Sunday	30 November	9:30am - 12:30pm	1 day course

## DECOUPAGE POTS - INTRODUCTION TO THE ART OF DECOUPAGE NEW

Price: \$70 - (Includes materials)

Learn the art of decoupage in this evening workshop. Decoupage is the art of decorating a surface with paper, and is a fun way to make everyday items special. You will go home with two of your own creations.

Tuesday	4 March	6:30pm - 8:30pm	1 night course
Tuesday	6 May	6:30pm - 8:30pm	1 night course
Tuesday	22 July	6:30pm - 8:30pm	1 night course



## DRAWING CONTEMPORARY PORTRAITURE (WEEKEND) NEW

Price: \$85 - (Includes materials)

This engaging supported workshop invites you to approach the portrait in a creative way, looking at contemporary New Zealand artists as a source of inspiration.

Sunday 7 September 10:00am - 3:00pm 1 day course

## DRAWING FOR BEGINNERS

Price: \$156 - (Includes materials)

Join us for a practical introduction to drawing with pencil, charcoal, soft pastels and ink.

Tuesday 18 February 7:00pm - 9:00pm 6 week course

## DRAWING FOR BEGINNERS - WORKSHOP (WEEKEND)

Price: \$90 - (Includes materials)

During this one day course you will learn to feel confident using basic art materials to create your own style of drawing.

Sunday	2 March	10:00am - 4:00pm	1 day course
Saturday	6 September	10:00am - 4:00pm	1 day course

## DRAWING THE STRUCTURE OF THE HEAD (WEEKEND) NEW

Price: \$100 - (Includes materials)

This course utilises established methods in drawing a convincing head.

Sunday 6 April 10:00am - 4:00pm 1 day course

## DRAWING WITH COLOUR - EXPANDING BASIC SKILLS WITH PASTELS AND WATERCOLOUR PENCILS NEW

Price: \$148 - (Includes materials)

Take your drawing skills to the next level in this course. Explore the vibrant world of colour, incorporating pastels and watercolour pencils in your drawings to enhance your artwork and create depth, mood, and harmony in your compositions.

Tuesday 29 April 7:00pm - 9:00pm 6 week course

## EXPERIMENTING WITH NEW MATERIALS & TECHNIQUES - WITH EVAN WOODRUFFE (WEEKEND)

Price: \$50 - (Includes materials)

Come along and join Evan from Gordon Harris and have some fun experimenting and playing with a range of new art materials that will expand your art practice.

Saturday 29 November 10:00am - 4:00pm 1 day course

## GELLI PLATE PRINTING (WEEKEND) NEW

Price: \$150 - (Includes materials)

Learn the skills to confidently print your own designs with gelatin plates. You'll take home your own commercial gelli plate 8 x 10 inches.

Sunday 2 March 10:00am - 4:00pm 1 day course

## GOLD FOILING INSPIRED BY CHRISTMAS (WEEKEND) NEW

Price: \$105 - (Includes materials)

Everyone loves gold bling! Learn how to add these golden delicacies to your cards, calligraphy and even little objects, with a special focus on Christmas delights.

Saturday 29 November 9:30am - 3:30pm 1 day course

## HAND-STITCHED BOOKBINDING AND CREATIVE TECHNIQUES WITH LETTERING (WEEKEND) NEW

Price: \$196 - (Includes materials)

Join us for a weekend of creativity and craftsmanship as I guide you through the process of hand stitching and binding your own unique book.

Sat + Sun 16+17 August 9:30am - 3:30pm 2 day course

## HOW TO MAKE PASTELS & WATER-BASED PAINTS WITH EARTH PIGMENTS (WEEKEND) NEW

Price: \$125 - (Includes materials)

In this immersive one-day workshop, you'll learn the step-by-step process of transforming archival-quality, pre-ground pigments into vibrant, custom-made art supplies.

Saturday 29 November 10:00am - 3:00pm 1 day course

## ILLUSTRATE YOUR LIFE - A VISUAL JOURNAL NEW

Price: \$123 - (Includes materials)

Express your unique story through illustration, by capturing the moments, people, and places that make up your world in a personal visual journal. Be guided step-by-step to develop your own illustration style while learning key skills to bring your life's narrative to life on paper.

Monday 28 April 7:00pm - 9:00pm 4 week course

## LIFE DRAWING (WEEKEND)

Price: \$93 - (Includes materials)

Begin your exploration into drawing the human form, involving both figure and portrait set in a supporting and encouraging environment. 18+ years.

Sunday 6 July 10:00am - 2:30pm 1 day course

## MAKE A CONCERTINA-STYLE JOURNAL OR SKETCHBOOK (WEEKEND) NEW

Price: \$120 - (Includes materials)

Come and create your own concertina-style sketch book with a difference – an ideal travel journal or nature journal.

Sunday 30 November 10:00am - 4:00pm 1 day course

## MĀORI BONE CARVING WORKSHOP (WEEKEND) NEW

Price: \$195 - (Includes materials)

Create your own bone carving out of beef bone in this tikanga-based contemporary workshop.

Sunday 7 September 10:00am - 4:00pm 1 day course

## MEDITATIVE ART

Price: \$135 - (Includes materials)

Using drawing, painting and collage come and learn how to express your thoughts and feelings in a creative way. You don't need to have any artistic talent!

Tuesday	11 February	7:00pm - 8:30pm	7 week course
Tuesday	29 April	7:00pm - 8:30pm	7 week course
Tuesday	5 August	7:00pm - 8:30pm	7 week course
Tuesday	14 October	7:00pm - 8:30pm	7 week course

## MODERN CALLIGRAPHY (WEEKEND) NEW

Price: \$98 - (Includes materials)

Come and learn the elegant script writing of past generations. You'll learn to use a pointed pen nib to write Script Cursive Lettering. All materials included and you'll take home your pen.

Saturday 5 April 9:30am - 3:30pm 1 day course

## MOSAICS - CONTEMPORARY MOSAICS WITH VINTAGE CHINA (WEEKEND)

Price: \$138 - (Includes materials)

Learn how to create contemporary and fashionable mosaic art from broken vintage (or modern!) china, ceramic, glass, beads and trinkets. All materials are provided and you'll take home your completed artwork at the end of the weekend.

Sat + Sun 7+8 June 10am-4pm + 9am-12pm 2 day course

## MOSAICS - CREATE A MOSAIC BIRD BATH (WEEKEND)

Price: \$138 - (Includes materials)

Come and learn how to create your own bird bath or patio bowl using recycled, beautiful, broken china, tiles and found objects.

Sat + Sun 17+18 May 10am-4pm + 9am-12pm 2 day course



## MOSAICS - MOSAIC A GARDEN ROCK OR PAVER STONE (NIGHT/WEEKEND)

Price: \$138 - (Includes materials)

Learn how to mosaic and create your own designed piece of garden art on a natural stone or for your driveway or patio. All materials are supplied. Available as an evening or weekend workshop. This is an ideal opportunity to re-use the broken china you've been collecting or create a personal gift using the materials provided – it could be a letterbox number or a garden ornament or even a door stop.

Monday	10 March	6:00pm - 9:00pm	3 week course
Sat + Sun	1+2 November	10am-4pm + 9am-12pm	2 day course

## PEBBLE MOSAICS (WEEKEND)

Price: \$147 - (Includes \$55 of materials)

Learn how to create gorgeous pebble mosaics through the precast indirect reverse method. You will leave the course with your very own garden slab.

Saturday	5 April	10:00am - 4:00pm	1 day course
Sunday	30 November	10:00am - 4:00pm	1 day course

## POTTERY - FOR BEGINNERS (NIGHT/WEEKEND)

Price: \$310 - (Includes materials, clay and firing)

Have you ever wanted to work with clay, but not known where to start? Come and learn a range of skills that you can later adapt to help fulfil your creative ideas. Whether functional pottery or sculptural ceramics is your thing, there's plenty here for you!

Tuesday	11 February	7:00pm - 9:00pm	8 week course
Tuesday	29 April	7:00pm - 9:00pm	8 week course
Tuesday	22 July	7:00pm - 9:00pm	8 week course
Tuesday	7 October	7:00pm - 9:00pm	8 week course

Wednesday	12 February	7:00pm - 9:00pm	8 week course
Wednesday	30 April	7:00pm - 9:00pm	8 week course
Wednesday	8 October	7:00pm - 9:00pm	8 week course

Sat + Sun	1 March	10:00am - 4:30pm	2 day course + glazing session
Sat + Sun	16 August	10:00am - 4:30pm	2 day course + glazing session
Sat + Sun	1 November	10:00am - 4:30pm	2 day course + glazing session

## POTTERY - NEXT STEPS (NIGHT/WEEKEND)

Price: \$315 - (Includes materials, clay and firing)

If you have already attended our Pottery Beginners classes, this Next Steps course will help you extend your skills. You will be encouraged to develop your hand building and sculptural techniques including learning about creating handles and spouts for your creations.

Wednesday	23 July	7:00pm - 9:00pm	8 week course
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## RARANGA KETE WANANGA (WEEKEND)

See Home, Garden & DIY

## RESIN ART (WEEKEND)

Price: \$130 - (Includes materials)

Join resin artist Andrea Waterhouse and make your own personalised piece of resin art to hang on your wall. Artworks need to dry overnight and can be collected the following week.

Saturday	1 March	9:00am - 12:00pm	1 day course
Sunday	17 August	1:00pm - 4:00pm	1 day course
Sunday	17 August	9:00am - 12:00pm	1 day course
Saturday	27 September	9:00am - 12:00pm	1 day course
Saturday	27 September	1:00pm - 4:00pm	1 day course

## RESIN GLASS COASTERS (WEEKEND)

Price: \$83 - (Includes materials)

Join resin artist Andrea and learn to create your own glass coasters using flowers, glitter, or even photographs. You'll create four personalised and beautiful glass coasters.

Sunday	18 May	9:00am - 12:00pm	1 day course
Saturday	1 November	9:00am - 12:00pm	1 day course
Saturday	1 November	1:00pm - 4:00pm	1 day course

## RESIN JEWELLERY (WEEKEND)

Price: \$78 - (Includes materials)

Explore the awesomeness of resin with jewellery artist Maca Bernal. Learn how to make your own utterly unique resin jewellery incorporating pigments and glitters.

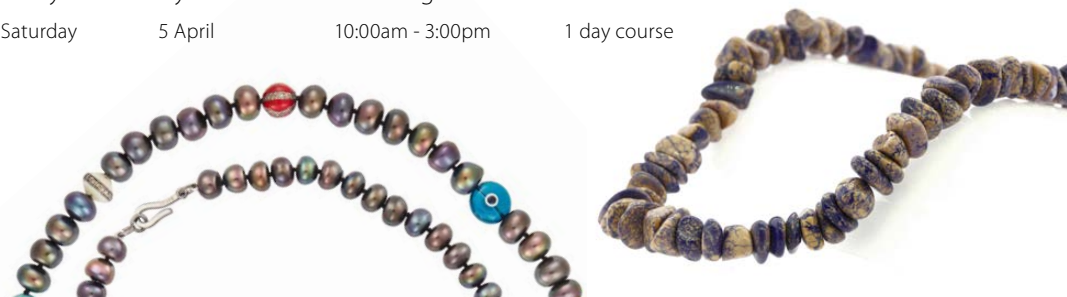
Saturday	5 April	9:30am - 12:30pm	1 day course
Saturday	5 July	9:30am - 12:30pm	1 day course
Saturday	6 September	9:30am - 12:30pm	1 day course

## RETHREAD, REPAIR OR REMAKE BEAD NECKLACES (WEEKEND)

Price: \$74 - (BYO beads, some materials provided)

Have you got broken necklaces at home that you'd love to repurpose into new jewellery? Bring some of your own old beads and fashion fabulous new necklaces. Beading aficionado Kathy will show you the tricks of turning beads into necklaces.

Saturday	5 April	10:00am - 3:00pm	1 day course
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## SOFT STONE SCULPTURE (WEEKEND)

Price: \$138 - (Includes materials)

Create your own masterpiece to enhance your garden or interior spaces. Soft stone sculpture is one of the most accessible mediums as ideas can be quickly realised and easily modified.

Sunday	2 March	11:00am - 4:00pm	1 day course
Saturday	17 May	11:00am - 4:00pm	1 day course
Sunday	28 September	11:00am - 4:00pm	1 day course
Saturday	29 November	11:00am - 4:00pm	1 day course



## TEXTILE-BASED CRAFT COURSES - BLOCK PRINTING / BOOK COVERS / NATURAL DYES / TEXTILE ART

See Interiors & Textiles

## THE ARTIST'S WAY

Price: \$158

Get ready to engage, discover, and recover your creative self! "The Artist's Way" by Julia Cameron is considered by many to be THE guidebook to higher creativity.

Monday	28 April	6:30pm - 8:30pm	8 week course
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## THE ART OF COLLAGE - EXPLORING HISTORY, PORTRAITURE, LANDSCAPE & SURREALISM

NEW

Price: \$155 - (Includes materials)

Join us for a captivating 6-week evening course that delves into the fascinating history of collage and its evolution over the past 150 years creating your own personal collages throughout the course including portraiture, landscape and surrealism.

Tuesday	14 October	7:00pm - 9:00pm	6 week course
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## THE ART OF FOLDING BOOKS (WEEKEND)

Price: \$49 - (Includes materials)

Learn the art of folding books by using the pages to form beautiful art. You will leave the course with your very own book sculptures and artworks. Warning: It is very addictive!

Sunday	17 August	10:00am - 1:00pm	1 day course
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## THE ART OF KINTSUGI (WEEKEND)

Price: \$165 - (Includes materials)

Come and learn this beautiful and healing Japanese art that uses gold or silver-coloured glues to bring together pieces of a broken pottery item and at the same time enhance the breaks.

Saturday	1 March	9:30am - 11:30am	1 day course
Saturday	7 June	9:30am - 11:30am	1 day course
Saturday	6 September	9:30am - 11:30am	1 day course
Saturday	1 November	9:30am - 11:30am	1 day course

## TRAVEL SKETCHING (WEEKEND)

Price: \$140 - (Includes materials)

Join this one day course and learn how to use pen, watercolour and pencil to create your own personal travel journal.

Sunday	18 May	10:00am - 4:00pm	1 day course
Sunday	17 August	10:00am - 4:00pm	1 day course

## WATERCOLOUR AND DRAWING (WEEKEND)

See Art & Craft – Painting

## ZENTANGLE ART (WEEKEND)

Price: \$64 - (Includes materials)

Zentangle® is mindful drawing – creating a miniature abstract work of art with a collection of patterns. All your materials are provided and you will spend two hours of relaxation, drawing structured patterns in a mindful way.

Saturday	1 March	10:00am - 2:00pm	1 day course
Saturday	7 June	10:00am - 2:00pm	1 day course
Saturday	6 September	10:00am - 2:00pm	1 day course
Saturday	29 November	10:00am - 2:00pm	1 day course



# CHILDREN - AFTER SCHOOL



## ART FOR CHILDREN (FOR 6-14 YEARS)

Price: \$160 - (Includes materials)

This eight week course introduces young art students to fine art drawing (as opposed to craft) and exposed to a wide range of mediums including lead pencils, ink, charcoal, eraser, pastel and pen – anything goes. The classes are very practical and fun, as well as educational.

Tuesday	18 February	3:30pm - 5:00pm	8 week course
Tuesday	29 April	3:30pm - 5:00pm	8 week course
Tuesday	22 July	3:30pm - 5:00pm	8 week course
Tuesday	7 October	3:30pm - 5:00pm	8 week course
Tuesday	18 February	5:00pm - 6:30pm	8 week course
Tuesday	29 April	5:00pm - 6:30pm	8 week course
Tuesday	22 July	5:00pm - 6:30pm	8 week course
Tuesday	7 October	5:00pm - 6:30pm	8 week course

## BEGINNERS DRAMA (FOR 8-10 YEARS)

Price: \$168

This is a wonderful opportunity for children to be introduced to the elements of drama from a highly experienced drama teacher.

Wednesday	12 February	3:30pm - 5:30pm	8 week course
Wednesday	30 April	3:30pm - 5:30pm	8 week course
Wednesday	23 July	3:30pm - 5:30pm	8 week course
Wednesday	15 October	3:30pm - 5:30pm	8 week course

## DRAMA PRODUCTION (FOR 9-12 YEARS)

Price: \$168

Following Beginners Drama, this course will extend the children's drama skills further. Please contact the office to enrol or to make enquiries about suitability.

Friday	14 February	3:30pm - 5:30pm	8 week course
Friday	2 May	3:30pm - 5:30pm	8 week course
Friday	25 July	3:30pm - 5:30pm	8 week course
Friday	17 October	3:30pm - 5:30pm	8 week course



# CHILDREN & TEENS - SCHOOL HOLIDAYS



Please visit our website for our school holiday programme, which includes:

- COOKING
- SEWING
- ART & CRAFTS
- SELF DEFENCE
- and more!

## GET REAL

- SOCIAL AND ENVIRONMENTAL AWARENESS FOR KIDS (DAY)

7th – 11th July, 9:00am – 4:30pm, \$85 per day

This unique programme encourages children to make positive changes in the world and in the lives of others.

Each day will begin with a motivating talk given by an inspiring young activist based on the theme of the day. It may be to encourage social or environmental change. The children will then spend the day creating items to be given to people in need.



**Monday 7th July**  
9:00am - 4:30pm

### COOKING for a Cause

Have fun cooking healthy meals for the Glen Innes Foodbank.

**Tuesday 8th July**  
9:00am - 4:30pm

### GROWING for a Cause

Today is focussed on the environment and sustainability. The children will have fun creating sustainable products to either gift or use.

**Wednesday 9th July**  
9:00am - 4:30pm

### ART for a Cause

Spend the day having fun at a retirement village, talking to the residents about their lives and their memories and then creating works of art based on these discoveries. Then gift these to the residents.

**Thursday 10th July**  
9:00am - 4:30pm

### CRAFTING for a Cause

Have fun creating and sewing items to donate to people in need.

**Friday 11th July**  
9:00am - 4:30pm

### DRAMA for a Cause

Have fun with improvisation and drama games while gaining an understanding about diversity, empathy, kindness and compassion.

Please visit our website: [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

# COMPUTER SKILLS



■ Please note that some of our courses have pre-requisite skills and knowledge. Check details on the website.

Some computing courses are subsidised with funding from the Tertiary Education Commission (TEC). Please check our website for details of subsidies, eligibility and conditions.

## BASIC COMPUTING SKILLS

**Price:** \$165 / \$35 (for qualifying residents)

Are you feeling left behind with computers? Are you lacking confidence dealing with email? Join this small group and patient, kind computing teacher Kathy will teach you the basics of using a PC.

Monday	10 February	6:30pm - 8:30pm	6 week course
Tuesday	29 April	6:30pm - 8:30pm	6 week course
Monday	21 July	6:30pm - 8:30pm	6 week course
Tuesday	7 October	6:30pm - 8:30pm	6 week course

## BUSINESS COURSES

### - SEO / XERO ACCOUNTING / ROADMAP TO START A BUSINESS

See Accounting, Marketing & Business

## DATABASE FUNDAMENTALS AND SOFTWARE DESIGN WITH MICROSOFT ACCESS

**Price:** \$155 / \$50 (for qualifying residents)

Learn how to use Microsoft Access to build a simple system from database design through to data entry forms and reports.

Tuesday	18 February	7:00pm - 9:00pm	8 week course
Tuesday	29 July	7:00pm - 9:00pm	8 week course

## INTRODUCTION TO ILLUSTRATOR (NIGHT/WEEKEND)

**Price:** \$148 / \$60 (for qualifying residents)

This course is for those new to Adobe Illustrator and offers an introduction to the key concepts of Illustrator. You'll explore the main features of this powerful vector-based graphic design tool, used to produce logos, letterheads, business cards, posters, and websites. Participants should have strong computer skills.

Tuesday	29 April	7:00pm - 9:00pm	6 week course
Sat + Sun	16 August	9:30am - 4:00pm	2 day course

## INTRODUCTION TO INDESIGN

**Price:** \$148 / \$60 (for qualifying residents)

Learn to create well-designed print publications using this industry standard page layout programme. Participants should have strong general computer skills for this introductory level course. Extra courses will be added to meet demand.

Monday	21 July	7:00pm - 9:00pm	6 week course
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## INTRODUCTION TO MICROSOFT

**Price:** \$132 / \$35 (for qualifying residents)

Are you relatively new to computing and would like a quick and interesting introduction to some of Microsoft's popular software programmes? This will give you some fundamental skills in Microsoft Word, Excel, Powerpoint, Outlook and Publisher.

Monday	28 April	6:30pm - 8:30pm	6 week course
Wednesday	8 October	6:30pm - 8:30pm	6 week course

## INTRODUCTION TO PHOTOSHOP (NIGHT/WEEKEND)

**Price:** \$148 / \$60 (for qualifying residents)

An introduction to the key concepts of Adobe Photoshop and how to digitally manipulate images. Strong general computer skills are needed. Extra courses will be added to meet demand.

Sat + Sun	5 July	9:30am - 4:00pm	2 day course
Sat + Sun	2 November	9:30am - 4:00pm	2 day course
Tuesday	4 March	7:00pm - 9:00pm	6 week course
Monday	28 April	7:00pm - 9:00pm	6 week course
Tuesday	14 October	7:00pm - 9:00pm	6 week course

## MARKETING COURSES - CANVA FOR SOCIAL MEDIA / INSTAGRAM / GROW YOUR BUSINESS / CAPCUT FOR CONTENT...

See Accounting, Marketing & Business



## MICROSOFT EXCEL - BEGINNERS (NIGHT/WEEKEND)

Price: \$120 / \$30 (for qualifying residents)

An introduction to this popular programme will lead you through how to create spreadsheets, charts, perform calculations with formulae, and analyse numerical information.

Tuesday	11 February	7:00pm - 9:00pm	5 week course
Wednesday	30 April	7:00pm - 9:00pm	5 week course
Tuesday	22 July	7:00pm - 9:00pm	5 week course
Monday	6 October	7:00pm - 9:00pm	5 week course
Sat + Sun	1+2 March	9:30am - 3:30pm	2 day course
Sat + Sun	17+18 May	9:30am - 3:30pm	2 day course
Sat + Sun	16+17 August	9:30am - 3:30pm	2 day course
Sat + Sun	1+2 November	9:30am - 3:30pm	2 day course

## MICROSOFT EXCEL - CONTINUATION (NIGHT/WEEKEND)

Price: \$98 / \$25 (for qualifying residents)

Take your Excel skills to the next level and learn more formulae, some awesome tips for working with multiple worksheets, advanced printing, sorting, filtering and more. These topics will really improve your productivity and save you lots of time.

Tuesday	18 March	7:00pm - 9:00pm	4 week course
Wednesday	4 June	7:00pm - 9:00pm	4 week course
Tuesday	26 August	7:00pm - 9:00pm	4 week course
Sunday	7 September	9:00am - 4:30pm	1 day course
Monday	17 November	7:00pm - 9:00pm	4 week course

## MICROSOFT EXCEL - ADVANCED - FORMULAE AND FUNCTIONS

Price: \$102 / \$25 (for qualifying residents)

In this course you will learn the top 15 functions you might need to advance your Excel skills, and the techniques you need to make them work harder; absolute and mixed cell references, nesting, using range names and table 'structured references'.

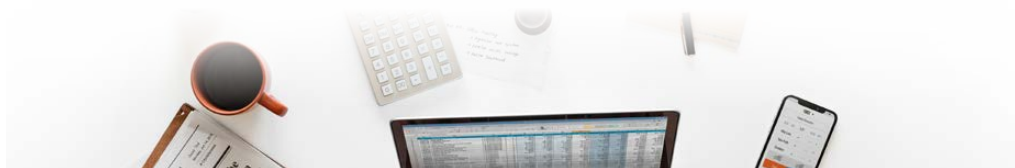
Wednesday	28 May	7:00pm - 9:00pm	4 week course
Wednesday	22 October	7:00pm - 9:00pm	4 week course

## MICROSOFT EXCEL - ADVANCED - PIVOT TABLES

Price: \$70

Learn to utilise Pivot Tables to summarise data and streamline the process of formatting and displaying the results. For experienced Excel users who want to go beyond the basics.

Saturday	5 April	9:00am - 1:00pm	1 day course
Saturday	1 November	9:00am - 1:00pm	1 day course



## MICROSOFT POWERPOINT - BEGINNERS

Price: \$98 / \$25 (for qualifying residents)

Gain the skills and confidence to prepare simple, yet impressive, professional presentations and on-screen slide shows. Basic computer skills essential!

Wednesday	23 July	7:00pm - 9:00pm	4 week course
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## MICROSOFT TERRIFIC TEMPLATES

Price: \$75 / \$20 (for qualifying residents)

Microsoft Templates save time – why create a CV, an invoice, or a newsletter from scratch when these are available to us to customise to our own needs?

Wednesday	26 March	7:00pm - 9:00pm	3 week course
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## MICROSOFT WORD - BEGINNERS

Price: \$132 / \$35 (for qualifying residents)

Learn or update your computer skills to produce attractive, structured letters and forms. Become adept at copying, cutting, pasting, editing and formatting text, tabs and leaders, tables and columns.

Wednesday	12 February	7:00pm - 9:00pm	6 week course
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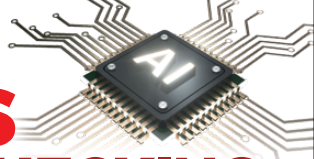
## WORDPRESS BOOTCAMP (WEEKEND)

Price: \$276 / \$120 (for qualifying residents)

This two-day course focuses on the background to WordPress, how each version works, and how to edit and manage the WordPress dashboard. You will then go on to install WordPress in class and over the weekend build a model website.

Sat + Sun	1+2 March	9:00am - 5:00pm	2 day course
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# COMPUTER SKILLS - NAVIGATING AI & FACT CHECKING

## BOOST YOUR DIGITAL LITERACY AND ONLINE SEARCH SKILLS (WEEKEND)

Price: \$85

Increase your critical thinking skills and learn hands-on strategies for online searching techniques, to be more digitally literate when it comes to finding trusted sources on the internet.

Sunday 2 March 10:00am - 4:00pm 1 day course  
Sunday 2 November 10:00am - 4:00pm 1 day course

## CREATE A CONTENT CALENDAR FOR BLOGS AND SOCIAL MEDIA WITH AI

NEW

Price: \$98 / \$25 (for qualifying residents)

Learn how to plan your content easily using AI tools in this 8 hour workshop. We'll show you how to use AI helpers like Perplexity, ChatGPT, and Claude to make your content planning faster and better.

Wednesday 7 May 7:00pm - 9:00pm 4 week course

## HOW TO GROW YOUR DIGITAL BUSINESS WITH AI TOOLS (WEEKEND)

NEW

See Accounting, Marketing & Business

## HOW TO USE AI FOR EFFECTIVE RESEARCH

NEW

Price: \$75 / \$20 (for qualifying residents)

Discover how to use AI to make your research easier and better in this hands-on six hour course. Learn to use tools like Perplexity AI that go beyond regular search engines like Google.

Wednesday 5 March 7:00pm - 9:00pm 3 week course

## HOW TO USE AI TOOLS FOR BETTER WRITING

NEW

Price: \$75 / \$20 (for qualifying residents)

Learn how to use AI tools to help you write better in this six-hour hands-on course. We'll explore popular AI writing helpers like ChatGPT and Claude. You'll see how these tools can fix grammar, can improve your writing style, and give you ideas when you're stuck. We'll practice using these AI assistants for different writing tasks. You'll learn what these tools can and can't do, and how to work with them to make your writing stronger and more creative.

Wednesday 26 March 7:00pm - 9:00pm 3 week course

## HOW TO USE AI TOOLS TO EDIT PODCASTS AND VIDEOS

NEW

Price: \$98

Learn how to edit videos and podcasts easily with Descript AI in this eight-hour hands-on course. This course is great for podcasters, YouTubers, business owners, and anyone who wants to create better videos and podcasts without spending hours editing.

Wednesday 4 June 7:00pm - 9:00pm 4 week course

## PRACTICAL AI AUTOMATION FOR BUSY ENTREPRENEURS

NEW

Price: \$98 / \$25 (for qualifying residents)

Learn to automate repetitive tasks, streamline communications, and boost productivity using affordable AI solutions.

Wednesday 23 July 7:00pm - 9:00pm 4 week course

## PRACTICAL CHAT GPT - EMPOWER YOUR LIFE & BUSINESS (WEEKEND)

NEW

Price: \$85 / \$25 (for qualifying residents)

Discover how to use ChatGPT effectively in this practical ChatGPT course. During this workshop, you'll learn about the history and uses of AI, and how you can use ChatGPT to assist in everyday activities and also with small business tasks.

Sunday 6 April 10:00am - 4:30pm 1 day course

## THINKTALK: BEHIND THEIR SCREENS - THE RISKS OF SOCIAL MEDIA FOR CHILDREN AND POTENTIAL SOLUTIONS

NEW

See ThinkTalks





# COOKING - BASIC SKILLS



## COOKING - FOR ABSOLUTE BEGINNERS

**Price:** \$149 - (Includes all ingredients)

Feel you don't know the basics? Need the confidence and skills to cook for yourself and others? This course will give you all the basic skills you need to get started with cooking.

Tuesday 18 February 6:30pm - 8:30pm 4 week course

## COOKING FOR SINGLES - FUN, FLAVOURFUL MEALS THAT LAST

**NEW**

**Price:** \$169 - (Includes all ingredients)

Are you ready to have fun while learning to cook delicious meals that are perfect for solo dining but also have leftovers to enjoy throughout the week? This course is designed for single people who want to master simple, flavorful dishes that don't require hours in the kitchen.

Tuesday 29 April 7:00pm - 9:00pm 4 week course

## KNIFE SKILLS 101 (WEEKEND)

**Price:** \$75 - (Includes all ingredients)

Learn the building blocks for professional knife handling that will have you slicing and dicing through a broad range of ingredients in no time. Each course covers different content. ▼

Saturday 1 March 9:30am - 1:30pm 1 day course  
Saturday 5 July 9:30am - 1:30pm 1 day course

**- FISH & CHICKEN  
- VEGES & FRUIT**

## MASTERING PIES AND PASTRIES (NIGHT/WEEKEND)

**NEW**

**Price:** \$80-\$127 - (Includes all ingredients)

Unlock the art of making delicious, flaky pies and mouth-watering pastries in this hands-on course, offered as either a one-day workshop, or an evening course.

Sunday 18 May 9:30am - 1:30pm 1 day course \$80  
Tuesday 10 June 7:00pm - 9:00pm 3 week course \$127

## SOUP FROM SCRATCH - MASTERING HOMEMADE STOCKS & HEARTY VEGETABLE MISO SOUP (WEEKEND)

**NEW**

**Price:** \$48 - (Includes all ingredients)

Join us for a delightful 'Soup From Scratch' class where you'll learn to create a deeply nourishing, satisfying, and cost-effective soup using a flavourful, homemade stock.

Saturday 5 April 10:00am - 2:00pm 1 day course

# COOKING - FOR CHILDREN



## ASPIRING YOUNG COOKS (FOR 8-12 YEARS)

**Price:** \$149 - (Includes \$30 ingredients)

This school holiday course will give young students the opportunity to learn cooking skills in a fun and safe environment.

Mon + Tue	14+15 April	9:00am - 2:00pm	2 day course
Wed + Thur	16+17 April	9:00am - 2:00pm	2 day course
Mon + Tue	30 June + 1 July	9:00am - 2:00pm	2 day course
Mon + Tue	7+8 July	9:00am - 2:00pm	2 day course
Mon + Tue	22+23 September	9:00am - 2:00pm	2 day course
Mon + Tue	29+30 September	9:00am - 2:00pm	2 day course

## CHRISTMAS COOKING WITH NICHOLE (FOR 8-12 YEARS)

**Price:** \$149 - (Includes all ingredients and materials)

Join Nichole for two days of Christmas cooking range of goodies that make great Christmas gifts.

Wed + Thur 17+18 December 9:00am - 2:00pm 2 day course

## COOKING FOR TEENS (FOR 13-16 YEARS)

**Price:** \$149 - (Includes all ingredients)

Join Nichole for foundation cooking skills these school holidays.

Wed + Thur	23 April	9:00am - 2:00pm	2 day course
Thur + Fri	3 July	9:00am - 2:00pm	2 day course
Thur + Fri	25 September	9:00am - 2:00pm	2 day course



## DELICIOUS DUMPLINGS (FOR 8-12 YEARS)

**Price:** \$72 - (Includes all ingredients)

Learn to create and cook a variety of delicious dumplings. Make and take home vegetarian, gluten free and traditional dumplings with a range of different wrappings and a dipping sauce.

Wednesday	9 July	9:00am - 1:00pm	1 day course
Wednesday	1 October	9:00am - 1:00pm	1 day course

## KOREAN FOOD TREATS (FOR 8-12 YEARS)

**NEW**

**Price:** \$89 - (Includes all ingredients)

Join Cecilia for a fun day learning to make yummy Korean food like kim bap (sushi) and dumplings.

Wednesday	2 July	9:30am - 3:30pm	1 day course
Wednesday	24 September	9:30am - 3:30pm	1 day course
Thursday	18 December	9:30am - 3:30pm	1 day course

# COOKING - CAKES & SWEETS



## CAKE DECORATING - THE BASICS (WEEKEND)

**Price:** \$65 - (Includes all ingredients)

Bring your own cake base or use a dummy cake to come and learn the basics of decorating.

Sunday 2 March 1:30pm - 4:30pm 1 day course

## CAKE DECORATING - INTRODUCTION

**Price:** \$130 - (Includes all ingredients)

Come and learn the basics of decorating cakes using rolled fondant, butter icing and piping techniques. Create an icing picture and put it all together to produce the completed cakes.

Monday 21 July 7:00pm - 9:00pm 4 week course

## CAKE DECORATING - MODELLING WITH FONDANT AND SUGAR PASTE (WEEKEND)

**Price:** \$65 - (Includes all ingredients)

From minions to penguins, elephants to giraffes, and roses to wild flowers, this class will introduce you to working with sugar paste and modelling fondant to make basic animals, flowers and figurines.

Saturday 7 June 9:00am - 12:00pm 1 day course

## CHRISTMAS CAKE AND COOKIES DECORATING (WEEKEND) **NEW**

**Price:** \$65 - (Includes all ingredients)

Chef Tim will show you how to use fondant and royal icing to create Christmas themed motifs that can be used on cakes, cookies and gingerbread.

Sunday 30 November 9:00am - 12:00pm 1 day course

## CONTINENTAL CAKES

**Price:** \$120 - (Includes all ingredients)

Come and learn to create mouth-watering, delicious and decadent gateaux, tortes and tarts and learn the secrets to creating a variety of spectacular and special treats for grand occasions.

Tuesday 25 March 6:30pm - 8:30pm 3 week course

## FRENCH PASTRIES

**Price:** \$152 - (Includes all ingredients)

Learn authentic French pastry recipes with our French Pastry Chef, Jean Christophe Varnier.

Monday 10 February 7:00pm - 9:00pm 4 week course  
Monday 21 July 7:00pm - 9:00pm 4 week course

## HANDMADE CHRISTMAS GIFTS FROM YOUR KITCHEN

**Price:** \$139 - (Includes all ingredients)

Take the stress out of what to give at Christmas and learn to make a range of delicious and traditional sweet treats.

Tuesday 2 December 7:00pm - 9:00pm 3 week course

## JAPANESE CAKE ROLL (WEEKEND)

**Price:** \$93 - (Includes all ingredients)

During this course we will be making a traditional delicious sponge roll cake. You will learn to create a light sponge and a delicious cream filling to create a sponge roll.

Saturday 1 March 10:00am - 3:00pm 1 day course

## JAPANESE SHORTCAKE - MASTERING THE FLUFFY SPONGE CAKE AND DECORATION (WEEKEND) **NEW**

**Price:** \$93 - (Includes all ingredients)

Discover the secrets of baking the classic fluffy Japanese sponge cake and learn techniques for frosting and decorating your cake, with expert baker, Yu.

Sunday 18 May 10:00am - 3:00pm 1 day course

## MAKING CROISSANTS **NEW**

**Price:** \$95 - (Includes all ingredients)

Guided by chef Mark Bradly you will learn to make your own authentic croissants. You will learn how to create that crispy shell and soft and moist inner and you will leave the course with the confidence to impress your friends and family with authentic tasting croissants.

Mon + Tue 28+29 April 6:00pm - 9:00pm 2 day course  
Tue + Wed 3+4 June 6:00pm - 9:00pm 2 day course  
Mon + Tue 17+18 November 6:00pm - 9:00pm 2 day course



## MAKING MACARONS (WEEKEND) NEW

**Price:** \$75 - (Includes all ingredients)

Take a tour into the world of the macaron. These delicacies are very hard to master without the right guidance. Come and learn from an expert.

Saturday 17 May 9:30am - 1:30pm 1 day course

## MASTERING CONTINENTAL CAKES (WEEKEND) NEW

**Price:** \$85 - (Includes all ingredients)

Join us for an exciting one-day hands-on baking workshop where you will learn to create some iconic continental cakes including the rich and indulgent Black Forest Cake and the velvety, decadent Chocolate Mousse Cake.

Saturday 6 September 9:30am - 1:30pm 1 day course

## SYRIAN DESSERTS NEW

**Price:** \$160 - (Includes all ingredients)

Immerse yourself in the rich, flavourful world of Syrian desserts in this hands-on course, where you'll learn to make some of the most beloved sweets from Syria's vibrant culinary tradition. From delicate pastries to decadent cakes, discover the secrets behind crafting these iconic treats.

Tuesday 19 August 7:00pm - 9:00pm 4 week course

## TRADITIONAL JAPANESE CREAM PUFFS (WEEKEND)

**Price:** \$88 - (Includes all ingredients)

Learn to create authentic Japanese cream puffs with delicious crusty choux pastry and filled with a sweet custard filling. You will show you the secrets and you will be able to create your own delicious puffs at home.

Sunday 7 September 10:00am - 3:00pm 1 day course  
Sunday 2 November 10:00am - 3:00pm 1 day course



# COOKING - ETHNIC COOKING



## A DUMPLING NIGHT NEW

**Price:** \$45 - (Includes all ingredients)

Learn to make homemade sticky dumplings using pork, chicken or vegetables from scratch. Also create a delicious dipping sauce of using Asian inspired ingredients and have fun along the way. More classes will be added based on demand. Check the website for updates.

Wednesday 26 February 6:30pm - 8:30pm 1 night course  
Monday 9 June 6:30pm - 8:30pm 1 night course  
Monday 16 June 6:30pm - 8:30pm 1 night course  
Monday 25 August 6:30pm - 8:30pm 1 night course  
Monday 6 October 6:30pm - 8:30pm 1 night course



## DATE NIGHT - FRENCH NEW

**Price:** \$60 - (Includes all ingredients)

Spice things up with a French Cuisine cooking lesson perfect for couples, friends, family members.

Monday 16 June 6:30pm - 9:00pm 1 night course

## DATE NIGHT - ITALIAN NEW

**Price:** \$70 - (Includes all ingredients)

Join us for a delightful one-night Italian cooking class perfect for couples or friends seeking a fun and flavourful evening!

Wednesday 20 August 6:30pm - 9:00pm 1 night course

## DATE NIGHT - SPANISH NEW

**Price:** \$60 - (Includes all ingredients)

Join us for a fun and flavourful evening of Spanish cooking, perfect for a date night!

Monday 24 March 6:30pm - 9:00pm 1 night course

## DISCOVERING MALAYSIAN CUISINE - A FUSION OF FLAVORS NEW

**Price:** \$153 - (Includes all ingredients)

This hands-on cooking course invites you to explore the incredible flavors and culinary traditions of Malaysia – a delicious fusion of Chinese, Indian and Malay influences.

Wednesday 23 July 7:00pm - 9:00pm 4 week course

## EUROPEAN SOUPS - A CULINARY JOURNEY OVER THREE EVENINGS

NEW

Price: \$110 - (Includes all ingredients)

Master the art of European soups! From cool and creamy Vichyssoise to refreshing Gazpacho and comforting Minestrone, learn techniques that make these iconic soups truly unforgettable. Includes how to make delicious accompaniments; Focaccia, Italian Sage Sticks and Gougeres.

Tuesday 29 July 7:00pm - 9:00pm 3 week course

## EXPLORING MOROCCAN CUISINE - A JOURNEY THROUGH NORTH AFRICAN FLAVOURS

NEW

Price: \$153 - (Includes all ingredients)

Dive into the vibrant and aromatic world of Moroccan cuisine in this hands-on cooking course, where you'll discover the rich flavours, spices and culinary traditions of North Africa.

Monday 12 May 7:00pm - 9:00pm 4 week course

## FRENCH CUISINE - A JOURNEY THROUGH CLASSIC FLAVOURS

NEW

Price: \$160 - (Includes all ingredients)

Master the art of traditional French cooking in a hands-on, interactive setting. Be guided through essential techniques and iconic dishes that capture the essence of France's rich culinary heritage.

Monday 25 August 7:00pm - 9:00pm 4 week course

## FRESH PASTA MASTERY - A HANDS-ON FRESH PASTA EXPERIENCE

NEW

Price: \$210 - (Includes all ingredients)

Join us for an immersive, hands-on four-night pasta course where you'll master the art of making fresh, homemade pasta from scratch!

Tuesday 6 May 7:00pm - 9:00pm 4 week course

## INDONESIAN CUISINE AND SPICERIES

NEW

Price: \$72 - (Includes all ingredients)

Join Rina and learn how to infuse traditional Indonesian spices for creating delicate and subtle flavours in authentic Indonesian dishes. Each of the workshops offers a different menu of dishes.

Saturday 5 April 9:30am - 12:30pm 1 day course  
Saturday 5 July 9:30am - 12:30pm 1 day course

## JAPANESE CUISINE - SAVOURY & SWEET DELIGHTS

NEW

Price: \$120 - (Includes all ingredients)

Explore the rich and delicious world of Japanese cuisine in this hands-on course where you'll master the art of preparing iconic dishes that blend savoury, crispy, and umami-packed flavours.

Monday 6 October 7:00pm - 9:00pm 3 week course

## KOREAN CUISINE

Price: \$157 - (Includes all ingredients)

Korean cuisine has evolved through centuries of change, both natural and cultural to create an interesting and tasty array of side dishes. Your course fee includes all ingredients. Each evening you'll get to taste the delicious food you have made, and you can take any leftovers home.

Tuesday 27 May 6:30pm - 8:30pm 5 week course

## KOREAN KIMCHI MASTERCLASS (WEEKEND)

Price: \$130 - (Includes all ingredients)

Learn to make kimchi, the popular and healthful Korean fermented cabbage dish. Your course fee includes all ingredients (\$45). This course is spread over two afternoons so you can learn more about the processes involved in making kimchi.

Sat + Sun 7+8 June 9:00am - 1:00pm 2 day course

## KOREAN PANCAKES - MASTERING THE ART OF JEON

NEW

Price: \$140 - (Includes all ingredients)

Korean pancakes or fritters, known as Jeon, are a versatile dish and can be meat, seafood or vegetable-based, are really tasty and often have a delicious crispy texture. Learn some variations with Cecilia.

Tuesday 19 August 6:30pm - 8:30pm 5 week course

## KOREAN VEGETARIAN FOOD (WEEKEND)

Price: \$73 - (Includes all ingredients)

Join Cecilia and learn to make Korean vegetarian foods focusing on lunch dishes.

Saturday 17 May 9:00am - 1:00pm 1 day course

## MASTERING CLASSIC ITALIAN COOKING

NEW

Price: \$153 - (Includes all ingredients)

Embark on a delicious journey through the heart of Italian cuisine in this hands-on cooking course, designed to reveal the secrets behind making simple yet succulent Italian dishes.

Tuesday 14 October 7:00pm - 9:00pm 4 week course

## NORTH INDIAN STYLE LENTIL CURRY & PILAF

NEW

Price: \$49 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating as he helps you to make a North Indian style lentil curry with a tasty rice pilaf on the side.

Wednesday 12 March 6:30pm - 8:30pm 1 night course



## STREET FOOD FROM AROUND THE WORLD

**Price:** \$153 - (Includes all ingredients)

Spice up your cooking with these four classes with exotic, authentic and delicious street food from around the world.

Wednesday 30 April 7:00pm - 9:00pm 4 week course

## SYRIAN HOME COOKING - A TASTE OF TRADITION

**NEW**

**Price:** \$165 - (Includes all ingredients)

Dive into the rich, vibrant flavours of Syrian cuisine with this hands-on cooking class, where you'll learn how to prepare authentic dishes from the heart of Syria's home kitchens.

Tuesday 22 July 7:00pm - 9:00pm 4 week course

## THAI COOKING

**Price:** \$235 - (Includes all ingredients)

Learn to create traditional Thai dishes from scratch, guided by a native Thai chef. With expert insights into the rich flavours, techniques, and cultural stories behind each dish, this hands-on class will transport you straight to the heart of Thailand's vibrant food culture.

Tuesday 11 February 6:30pm - 9:00pm 6 week course  
Tuesday 14 October 6:30pm - 9:00pm 6 week course

## VINAY'S BEEF SEEKH KEBAB ROLLS

**Price:** \$49 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating as he shows you how to make Indian Seekh Kebabs, as well as the kebab rolls.

Monday 19 May 6:30pm - 8:30pm 1 night course  
Monday 20 October 6:30pm - 8:30pm 1 night course  
Monday 1 December 6:30pm - 8:30pm 1 night course

## VINAY'S CASHEW CHICKEN STIR FRY

**NEW**

**Price:** \$49 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating, and make this quintessential Thai dish.

Monday 15 September 6:30pm - 8:30pm 1 night course

## VINAY'S CHICKEN SKEWERS WITH BULGUR PILAF

**NEW**

**Price:** \$49 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating. In this class, Vinay will show you how to make chicken skewers with the flavours of Turkey, and a complementary dish of Bulgur Pilaf.

Monday 18 August 6:30pm - 8:30pm 1 night course

## VINAY'S HEALTHY SOUTH EAST ASIAN COOKING CLASS

**Price:** \$49 - (Includes all ingredients)

Join Vinay to create this delicious and aromatic meal using banana leaves less oil than usual South East Asian recipes. You'll also learn a tasty rice accompaniment.

Monday 5 May 6:30pm - 8:30pm 1 night course  
Monday 24 November 6:30pm - 8:30pm 1 night course

## VINAY'S INDIAN BUTTER CHICKEN

**NEW**

**Price:** \$49 - (Includes all ingredients)

Butter Chicken is everyone's go-to takeaway. Join Vinay for this workshop and gain the skills to make this quintessential dish from North India at your own home.

Monday 12 May 6:30pm - 8:30pm 1 night course

## VINAY'S PAD THAI & GREEN SALAD

**NEW**

**Price:** \$49 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating as he helps you to make Pad Thai and fresh green salad.

Wednesday 12 February 6:30pm - 8:30pm 1 night course  
Monday 8 September 6:30pm - 8:30pm 1 night course

## VINAY'S SAAG PANEER

**NEW**

**Price:** \$49 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating. In this class, Vinay will show you how to make saag paneer with the flavours of India.

Monday 1 September 6:30pm - 8:30pm 1 night course

## VINAY'S SATAY CHICKEN SKEWERS & SALAD

**NEW**

**Price:** \$49 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating. In this class, Vinay will show you how to make satay chicken skewers accompanied by a vegetable Thai salad.

Wednesday 19 March 6:30pm - 8:30pm 1 night course  
Monday 13 October 6:30pm - 8:30pm 1 night course

## VINAY'S TURKISH IMAM BAYILDI & CACIK

**NEW**

**Price:** \$49 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating as he helps you to make this Turkish Imam Bayildi dish with yoghurt cacik.

Wednesday 19 February 6:30pm - 8:30pm 1 night course  
Monday 10 November 6:30pm - 8:30pm 1 night course

## VINAY'S VIETNAMESE-STYLE RICE PAPER ROLLS

Price: \$49 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating as he helps you to make Vietnamese style rice paper rolls, a fresh and healthy dish perfect for a light supper, lunch or a buffet spread.

Wednesday	5 March	6:30pm - 8:30pm	1 night course
Monday	26 May	6:30pm - 8:30pm	1 night course
Monday	3 November	6:30pm - 8:30pm	1 night course



## COOKING - HEALTHY EATING



## FOOD AS MEDICINE - AN INTRODUCTION TO AYURVEDIC COOKING

NEW

Price: \$125 - (Includes all ingredients)

Discover the art of Ayurvedic cooking and learn how to create delicious, nourishing meals that balance your body, mind, and spirit.

Wednesday	28 May	6:30pm - 9:00pm	1 night course
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## MAKING SAUERKRAUT (WEEKEND)

Price: \$49 - (Includes all ingredients)

Sauerkraut? Learn about the background of this nourishing food – where it comes from, how it is made and its health benefits.

Saturday	27 September	9:30am - 12:00pm	1 day course
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## PLANT BASED COOKING

Price: \$159 - (Includes all ingredients)

If you're looking to improve your health or thinking of moving to a plant-based diet and need some inspiration join this course.

Monday	17 March	7:00pm - 9:00pm	4 week course
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## PLANT BASED COOKING - WITH AARON BRUNET - EVERYDAY MEALS (WEEKEND)

Price: \$165 - (Includes all ingredients)

Join Masterchef NZ 2013 winner Aaron Brunet to make and taste delicious plant-based meals. Suitable for those on vegan diets.

Sunday	2 March	10:00am - 4:00pm	1 day course
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## PLANT BASED COOKING - WITH AARON BRUNET - FOOD FOR LIFE (WEEKEND)

Price: \$165 - (Includes all ingredients)

Join Masterchef NZ 2013 winner Aaron Brunet for this introduction to wholefood plant-based dishes to boost your aliveness. Suitable for those on vegan diets.

Sunday	2 November	10:00am - 4:00pm	1 day course
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## SOURDOUGH BREAD (WEEKEND)

Price: \$75 - (Includes all ingredients)

Learn the secrets of making delicious loaves and rolls using rye and wholemeal spelt flour. Take home a sourdough starter at the end of the course.

Sunday	2 March	9:00am - 12:00pm	1 day course
Sunday	8 June	9:00am - 12:00pm	1 day course
Saturday	1 November	9:00am - 12:00pm	1 day course



# COOKING - SPECIALTY COOKING



## BARISTA (WEEKEND)

Price: \$98 / \$49 (for qualifying residents)

Through a combination of online learning and hands-on practice, learn about espresso and learn to make popular espresso coffees. Or for those who can already use an espresso machine confidently, and now want upskill milk and pouring, join the Latte Art course.

### FOR BEGINNERS

Sunday	2 March	10:00am - 4:00pm	1 day course
Saturday	5 April	10:00am - 4:00pm	1 day course
Sunday	6 April	10:00am - 4:00pm	1 day course
Sunday	18 May	10:00am - 4:00pm	1 day course
Saturday	7 June	10:00am - 4:00pm	1 day course

### LATTE ART

Saturday	1 March	10:00am - 4:00pm	1 day course
Saturday	17 May	10:00am - 4:00pm	1 day course
Sunday	8 June	10:00am - 4:00pm	1 day course



NEW

## BRUNCH WITH A TWIST

### - MASTERING CLASSIC FAVOURITES (WEEKEND)

Price: \$75 - (Includes all ingredients)

Join us for a fun and interactive weekend brunch course, where you'll learn to create a range of delicious dishes under the guidance of a professional chef.

Saturday	16 August	9:30am - 1:30pm	1 day course
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## CREATING AND MAKING FOOD FOR A HIGH TEA (WEEKEND)

NEW

Price: \$80 - (Includes all ingredients)

Step into the world of elegance and refinement with our one-day class on creating and preparing the perfect high tea spread.

Sunday	6 April	9:30am - 1:30pm	1 day course
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## HISSING AND SIZZLING - BARBECUE BRILLIANCE (WEEKEND)

Price: \$98 - (Includes all ingredients)

Do you want to perfect your barbecue skills? Come along and learn how to produce mouth watering, fall-off-the-bone meat every time you have a BBQ and the importance of rubs, marinades and accompaniments. You will also learn to make a selection of fresh seasonal salads to accompany your meat dishes.

Saturday	29 November	12:00pm - 5:00pm	1 day course
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# ENGLISH FOR MIGRANTS



English for Migrants courses are for people whose first language is not English. They will help you to improve your English skills, to live and work in New Zealand, or to gain skills for further study.

- Courses are subsidised by the Government through the Tertiary Education Commission, for those who have New Zealand residency or citizenship.
- Some places will be available for those on a visitor, work, holiday or study visa, and the higher fee will apply. (Please visit our office or contact us on 521 9623 for information.)
- Please bring your passport and evidence of New Zealand residency to our office before your first lesson.

- All our tutors are qualified, native English speakers.
- Student's books and workbooks are included in fees for General English courses.
- Transport is easy with frequent buses from Britomart stopping outside Selwyn College. The routes are currently 762, 782 and 783, but please check the Auckland Transport website for latest updates. Bus stops 7842 and 1030.
- During the day there is no parking on-site, but street parking is available nearby. For evening and weekend courses there is parking available within the school grounds.

## FEES

**CITIZENS AND PERMANENT NZ RESIDENTS:** English courses are subsidised through funding from the Tertiary Education Commission (TEC) for NZ citizens and permanent migrant adults, their partners on work visas or visitor visas, and refugees. Some additional information will be collected for statistical purposes and 80% attendance is required. Conditions apply.

**STUDENTS WITH VISITOR, WORK, HOLIDAY OR STUDY VISAS:** We welcome those visiting NZ to join our courses. The unsubsidised fee applies.

**REFUGEES:** There is no fee for those who have refugee status, provided evidence is supplied. You will need to buy your course books.

**STUDENTS' BOOKS:** We use a selection of books including Oxford University Press English File and the cost of these books is included in the fees.

- Please check our website for changes to course times.
- Additional courses may be added if there is demand.



## WE OFFER 5 TYPES OF CLASSES

- 1 ENGLISH:** Choose day or evening classes to improve your writing, reading, listening and speaking.\*
- 2 CONVERSATION CLUB:** Choose day or evening classes to improve your listening and speaking skills.
- 3 IELTS PREPARATION:** For students needing IELTS for immigration, university study or work.\*
- 4 ENGLISH FOR WORK:** Upper Intermediate to Advanced evening classes to improve your English skills and employment options.
- 5 PRONUNCIATION:** Intermediate to Advanced classes to improve your pronunciation skills.

\* Books Included



## LEVELS

We have 6 levels of day and night courses from Beginners to Advanced English.

**BEGINNERS:** For those who have very limited English.

**ELEMENTARY:** For those starting to understand and use simple English, who can understand familiar everyday expressions and phrases.

**PRE-INTERMEDIATE:** For those with basic communication skills, who can interact in a limited way on familiar topics at work, school or leisure.

**INTERMEDIATE:** For those with a good command of English, who can express themselves on a range of topics and interact confidently.

**UPPER-INTERMEDIATE:** For those with a very good command of English, who can use language flexibly and effectively for social, academic and professional purposes, and want new challenges.

**ADVANCED:** For those with an excellent command of English. This course focuses on building fluency in complex situations.

## ENGLISH - DAY COURSES

For more information on Levels please refer to pages 45 / 46

### CONVERSATION CLUB

#### ENGLISH CONVERSATION CLUB - PRE-INTERMEDIATE (DAY)

<b>Citizens/Residents:</b>	FREE	<b>Others:</b>	\$290
Mon + Wed	17 February	12:30pm - 2:30pm	8 week course
Mon + Wed	28 April	12:30pm - 2:30pm	8 week course
Mon + Wed	28 July	12:30pm - 2:30pm	8 week course
Mon + Wed	13 October	12:30pm - 2:30pm	8 week course

#### ENGLISH CONVERSATION CLUB - INTERMEDIATE (DAY)

<b>Citizens/Residents:</b>	FREE	<b>Others:</b>	\$290
Tues + Wed	18 February	12:00pm - 2:00pm	8 week course
Tues + Wed	29 April	12:00pm - 2:00pm	8 week course
Tues + Wed	29 July	12:00pm - 2:00pm	8 week course
Tues + Wed	14 October	12:00pm - 2:00pm	8 week course

#### ENGLISH CONVERSATION CLUB - UPPER INTERMEDIATE (DAY)

<b>Citizens/Residents:</b>	FREE	<b>Others:</b>	\$290
Tues + Thur	18 February	12:00pm - 2:00pm	8 week course
Tues + Thur	29 April	12:00pm - 2:00pm	8 week course
Tues + Thur	29 July	12:00pm - 2:00pm	8 week course
Tues + Thur	14 October	12:00pm - 2:00pm	8 week course

### PRONUNCIATION - INTERMEDIATE TO ADVANCED

#### ENGLISH IMPROVE YOUR PRONUNCIATION SKILLS - PART 1 (WEEKEND)

<b>Citizens/Residents:</b>	\$15	<b>Others:</b>	\$70
Saturday	1 March	9:30am - 3:30pm	1 day course
Saturday	7 June	9:30am - 3:30pm	1 day course
Saturday	1 November	9:30am - 3:30pm	1 day course

#### ENGLISH IMPROVE YOUR PRONUNCIATION SKILLS - PART 2 (WEEKEND)

<b>Citizens/Residents:</b>	\$15	<b>Others:</b>	\$70
Saturday	6 April	9:30am - 3:30pm	1 day course
Saturday	21 September	9:30am - 3:30pm	1 day course





## ENGLISH

### ENGLISH - ELEMENTARY (DAY)

<b>Citizens/Residents:</b>	\$35	<b>Others:</b>	\$470 - (Includes books)
Mon + Wed + Fri	17 February	9:15am - 11:15am	8 week course
Mon + Wed + Fri	28 April	9:15am - 11:15am	8 week course
Mon + Wed + Fri	28 July	9:15am - 11:15am	8 week course
Mon + Wed + Fri	13 October	9:15am - 11:15am	8 week course

### ENGLISH - PRE-INTERMEDIATE (DAY)

<b>Citizens/Residents:</b>	\$35	<b>Others:</b>	\$470 - (Includes books)
Mon + Fri	17 February	9:15am - 12:15pm	8 week course
Mon + Fri	28 April	9:15am - 12:15pm	8 week course
Mon + Fri	28 July	9:15am - 12:15pm	8 week course
Mon + Fri	13 October	9:15am - 12:15pm	8 week course

### ENGLISH - INTERMEDIATE (DAY)

<b>Citizens/Residents:</b>	\$35	<b>Others:</b>	\$470 - (Includes books)
Tue + Wed + Thu	18 February	9:15am - 11:15am	8 week course
Tue + Wed + Thu	29 April	9:15am - 11:15am	8 week course
Tue + Wed + Thu	29 July	9:15am - 11:15am	8 week course
Tue + Wed + Thu	14 October	9:15am - 11:15am	8 week course

### ENGLISH - UPPER INTERMEDIATE (DAY)

<b>Citizens/Residents:</b>	\$30	<b>Others:</b>	\$470 - (Includes books)
Tue + Wed + Thu	18 February	9:15am - 11:15am	8 week course
Tue + Wed + Thu	29 April	9:15am - 11:15am	8 week course
Tue + Wed + Thu	29 July	9:15am - 11:15am	8 week course
Tue + Wed + Thu	14 October	9:15am - 11:15am	8 week course

### ENGLISH - ADVANCED (DAY)

<b>Citizens/Residents:</b>	\$35	<b>Others:</b>	\$470 - (Includes books)
Mon + Fri	17 February	9:15am - 12:15pm	8 week course
Mon + Fri	28 April	9:15am - 12:15pm	8 week course
Mon + Fri	28 July	9:15am - 12:15pm	8 week course
Mon + Fri	13 October	9:15am - 12:15pm	8 week course

### ENGLISH - GRAMMAR REVISION AND PRACTICE (DAY)

<b>Citizens/Residents:</b>	TBA	<b>Others:</b>	\$160 - (Includes books)
Thursday	20 February	12:00pm - 2:00pm	8 week course
Thursday	1 May	12:00pm - 2:00pm	8 week course
Thursday	31 July	12:00pm - 2:00pm	8 week course
Thursday	16 October	12:00pm - 2:00pm	8 week course

### ENGLISH - IELTS INTENSIVE WEEKEND (WEEKEND)

<b>Citizens/Residents:</b>	\$15	<b>Others:</b>	\$135 - (Includes books)
Sat + Sun	5 April	9:30am - 3:30pm	2 day course



NEW

NEW

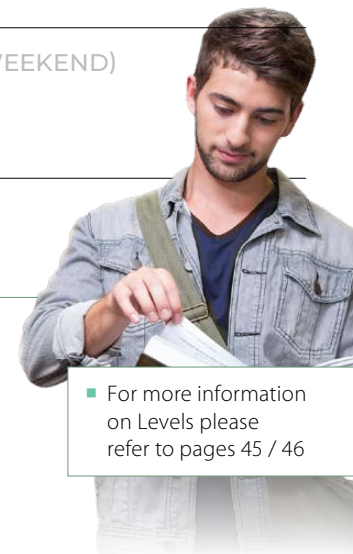
NEW

### ENGLISH - KIWI CULTURE (DAY)

<b>Citizens/Residents:</b>	\$15	<b>Others:</b>	\$160 - (Includes books)
Monday	17 February	12:30pm - 2:30pm	8 week course

### ENGLISH - KIWI IDIOMS, SLANG AND EXPRESSIONS (WEEKEND)

<b>Citizens/Residents:</b>	\$25	<b>Others:</b>	\$140
Sat + Sun	27+28 September	9:30am - 3:30pm	2 day course



For more information on Levels please refer to pages 45 / 46

## ENGLISH - EVENING COURSES

### CONVERSATION CLUB

#### ENGLISH CONVERSATION CLUB - INTERMEDIATE (EVENING)

<b>Citizens/Residents:</b>	FREE	<b>Others:</b>	\$220
Mon + Tue + Wed	10 February	6:00pm - 7:00pm	8 week course
Mon + Tue + Wed	28 April	6:00pm - 7:00pm	8 week course
Mon + Tue + Wed	21 July	6:00pm - 7:00pm	8 week course
Mon + Tue + Wed	6 October	6:00pm - 7:00pm	8 week course

#### ENGLISH CONVERSATION CLUB

##### - UPPER INTERMEDIATE to ADVANCED (EVENING)

<b>Citizens/Residents:</b>	FREE	<b>Others:</b>	\$150
Mon + Wed	10 February	6:00pm - 7:00pm	8 week course
Mon + Wed	28 April	6:00pm - 7:00pm	8 week course
Mon + Wed	21 July	6:00pm - 7:00pm	8 week course
Mon + Wed	6 October	6:00pm - 7:00pm	8 week course



## ENGLISH

### ENGLISH - BEGINNERS (EVENING)

<b>Citizens/Residents:</b>	\$35	<b>Others:</b>	\$470 - (Includes books)
Mon + Tue + Wed	10 February	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	28 April	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	21 July	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	6 October	7:00pm - 9:00pm	8 week course

## ENGLISH - ELEMENTARY (EVENING)

<b>Citizens/Residents:</b> \$35	<b>Others:</b> \$470	- (Includes books)	
Mon + Tue + Wed	10 February	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	28 April	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	21 July	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	6 October	7:00pm - 9:00pm	8 week course

## ENGLISH - PRE-INTERMEDIATE (EVENING)

<b>Citizens/Residents:</b> \$35	<b>Others:</b> \$470	- (Includes books)	
Mon + Tue + Wed	10 February	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	28 April	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	21 July	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	6 October	7:00pm - 9:00pm	8 week course

## ENGLISH - INTERMEDIATE (EVENING)

<b>Citizens/Residents:</b> \$35	<b>Others:</b> \$470	- (Includes books)	
Mon + Tue + Wed	10 February	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	28 April	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	21 July	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	6 October	7:00pm - 9:00pm	8 week course

## ENGLISH - UPPER-INTERMEDIATE (EVENING)

<b>Citizens/Residents:</b> \$25	<b>Others:</b> \$330	- (Includes books)	
Mon + Wed	10 February	7:00pm - 9:00pm	8 week course
Mon + Wed	28 April	7:00pm - 9:00pm	8 week course
Mon + Wed	21 July	7:00pm - 9:00pm	8 week course
Mon + Wed	6 October	7:00pm - 9:00pm	8 week course

## ENGLISH - ADVANCED (EVENING)

<b>Citizens/Residents:</b> \$25	<b>Others:</b> \$330	- (Includes books)	
Mon + Wed	10 February	7:00pm - 9:00pm	8 week course
Mon + Wed	28 April	7:00pm - 9:00pm	8 week course
Mon + Wed	21 July	7:00pm - 9:00pm	8 week course
Mon + Wed	6 October	7:00pm - 9:00pm	8 week course

## IELTS - (MINIMUM INTERMEDIATE LEVEL)

### ENGLISH IELTS PREPARATION (EVENING)

<b>Citizens/Residents:</b> \$35	<b>Others:</b> \$470	- (Includes book)	
Mon + Tue + Wed	10 February	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	28 April	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	21 July	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	6 October	7:00pm - 9:00pm	8 week course



## ENGLISH IELTS WRITING (EVENING)

<b>Citizens/Residents:</b> FREE	<b>Others:</b> \$95		
Tuesday	11 February	6:00pm - 7:00pm	8 week course
Tuesday	29 April	6:00pm - 7:00pm	8 week course
Tuesday	22 July	6:00pm - 7:00pm	8 week course
Tuesday	7 October	6:00pm - 7:00pm	8 week course

## ENGLISH FOR WORK

### ENGLISH FOR BUSINESS - UPPER INTERMEDIATE TO ADVANCED (EVENING)

<b>Citizens/Residents:</b> \$15	<b>Others:</b> \$160		
Tuesday	11 February	7:00pm - 9:00pm	8 week course
Tuesday	29 April	7:00pm - 9:00pm	8 week course
Tuesday	22 July	7:00pm - 9:00pm	8 week course
Tuesday	7 October	7:00pm - 9:00pm	8 week course

## PRONUNCIATION

### ENGLISH IMPROVE YOUR PRONUNCIATION SKILLS - INTERMEDIATE + (EVENING)

<b>Citizens/Residents:</b> \$15	<b>Others:</b> \$160		
Tuesday	11 February	7:00pm - 9:00pm	8 week course
Tuesday	29 April	7:00pm - 9:00pm	8 week course
Tuesday	22 July	7:00pm - 9:00pm	8 week course
Tuesday	7 October	7:00pm - 9:00pm	8 week course



# HEALTH, WELL-BEING & FITNESS



## AYURVEDA AUTUMN CLEANSE

NEW

Price: \$79

A seminar in using ancient science of Ayurveda for a holistic autumn cleanse. Autumn is the optimal time for purification and detoxification to eliminate excess heat and accumulated toxins.

Tuesday 8 April 7:00pm - 9:00pm 1 evening course

## AYURVEDA & WOMEN'S HEALTH

NEW

Price: \$79

This seminar looks at common conditions such as hormonal imbalances and mood swings both from a Western and Ayurvedic medicine perspective. We will also cover peri-menopause and menopause and explore practical tips to support you through this transformative time.

Wednesday 20 August 7:00pm - 9:00pm 1 evening course

## AYURVEDA - FOOD AS MEDICINE - AN INTRODUCTION TO AYURVEDIC COOKING

NEW

Price: \$125

Discover the art of Ayurvedic cooking and learn how to create delicious, nourishing meals that balance your body, mind, and spirit.

Wednesday 28 May 6:30pm - 9:00pm 1 evening course

## AYURVEDA SPRING CLEANSE

NEW

Price: \$79

Spring is the optimal time for purification and detoxification to eliminate excess toxins and sluggishness accumulated over the winter.

Tuesday 14 October 7:00pm - 9:00pm 1 evening course

## BARRE FIT

Price: \$90

Stay fit and have some fun with this class. Classes comprise mat work, simple dance steps to great music and barre work.

Monday	10 February	6:00pm - 7:00pm	8 week course
Monday	28 April	6:00pm - 7:00pm	8 week course
Monday	21 July	6:00pm - 7:00pm	8 week course
Monday	6 October	6:00pm - 7:00pm	8 week course

## CREATING CALM - BLENDING HERBAL TEAS FOR RELAXATION AND WELLNESS (DAY/WEEKEND)

NEW

Price: \$60

You will learn about the healing and wellbeing properties of a selection of herbs that can easily be grown in your own garden. You will learn how to identify, grow and harvest the herbs. We will cover preservation and storage techniques.

Friday	4 April	10:00am - 12:00pm	1 day course	Held offsite at St Heliers Held offsite at St Johns
Saturday	17 May	10:00am - 12:00pm	1 day course	

## DANCERCISE - FOR THE 40+

Price: \$85 - \$94

If you are 40+ and want to improve your strength, cardiovascular health, balance, coordination and flexibility then this is the course for you. This class is designed to match the fitness levels of active older adults and those new to cardio exercise.

Wednesday	12 February	5:15pm - 6:15pm	9 week course	\$85
Wednesday	30 April	5:15pm - 6:15pm	9 week course	\$85
Wednesday	23 July	5:15pm - 6:15pm	9 week course	\$85
Wednesday	8 October	5:15pm - 6:15pm	10 week course	\$94
Wednesday	12 February	7:00pm - 8:00pm	9 week course	\$85
Wednesday	30 April	7:00pm - 8:00pm	9 week course	\$85
Wednesday	23 July	7:00pm - 8:00pm	9 week course	\$85
Wednesday	8 October	7:00pm - 8:00pm	10 week course	\$94

## FLASHBACK DANCE FITNESS

Price: \$76 - \$85

Improve your fitness by dancing your heart out to ABBA and the Bee Gees. Designed to suit the fitness level of active older adults and those new to cardio. Due to the floor surface, street shoes cannot be worn. Please wear soft leather (dance type) shoes, socks, or bare feet.

Monday	10 February	7:30pm - 8:30pm	9 week course	\$85
Monday	28 April	7:30pm - 8:30pm	8 week course	\$76
Monday	21 July	7:30pm - 8:30pm	9 week course	\$85
Monday	6 October	7:30pm - 8:30pm	9 week course	\$85

## JIN SHIN JYUTSU - PRACTICAL SELF-HELP ENERGY MEDICINE

Price: \$94

You may have always wanted to do something about your health. This course teaches you ways to harmonise the energy within. To implement this art, we simply need... our breath, our hands and knowledge of the 26 energy locks on our body.

Wednesday	26 February	7:00pm - 8:30pm	6 week course
Wednesday	23 July	7:00pm - 8:30pm	6 week course

## LAWN BOWLS 101 (WEEKEND)

Price: \$65

Join the Kohimarama Bowling Club coaching team for 2 hour sessions over three weeks and have a go!

Sunday 12 October 10:00am - 12:00pm 3 week course

## MĀORI TRADITIONAL MEDICINES AND HOME REMEDIES - AN INTRODUCTION (WEEKEND)

Price: \$255 - (Includes materials)

Haere Mai, Welcome! Join Ariana to learn more about your local bush and the plants within. Discover some simple methods of plant medicine preparation and home remedies for common ailments and conditions and learn how to make teas with kawakawa, kākūka and horopito.

Sat + Sun 17+18 May 10:00am - 4:00pm 2 day course

## MINDFULNESS FOR EVERYDAY - SIMPLE PRACTICES FOR A PEACEFUL MIND

NEW

Price: \$20

This one-evening introductory course is designed for individuals curious about mindfulness and seeking practical tools to enhance their well-being.

Monday 24 March 7:00pm - 9:00pm 1 evening course

## SAFE AND MINDFUL AROMATHERAPY - DISCOVERING ESSENTIAL OILS FOR WELLNESS AND SELF CARE (WEEKEND)

NEW

Price: \$110

In this course you will gain a deeper understanding of how different oils can support your physical, mental, and emotional health. The highlight of the course is a hands-on practical session, where you will craft personalised essential oil blends tailored to your personal needs. Whether for relaxation, focus, or energy, you will create your own unique mixtures to take home and continue your aromatic journey.

Saturday 6 September 9:30am - 3:00pm 1 day course

## SAFE AND MINDFUL AROMATHERAPY - HARNESSING THE POWER OF ESSENTIAL OILS (WEEKEND)

NEW

Price: \$110

Approach aromatherapy with a greater understanding and confidence, ensuring a safe and enriching experience with essential oils in your daily life.

Saturday 1 March 9:30am - 3:00pm 1 day course



## STRETCH AND FLEX

Price: \$100

Come along and be guided through full body stretch exercises to release tense muscle groups, let go of stress, recharge and relax.

Tuesday	11 February	5:00pm - 6:00pm	8 week course
Tuesday	29 April	5:00pm - 6:00pm	8 week course
Tuesday	22 July	5:00pm - 6:00pm	8 week course
Tuesday	7 October	5:00pm - 6:00pm	8 week course

## SUPPORTING PEOPLE WITH MENTAL HEALTH CHALLENGES

NEW

Price: \$88

If you care about someone who has mental health challenges, this course will help you gain an understanding of what is going on for them and how to communicate and support them.

Wednesday 28 May 7:00pm - 9:00pm 4 week course

## THINK WELL, EAT WELL, BE WELL

Price: \$85

Reboot your health with these 3 special workshops where you will take a personal health audit and develop a series of achievable steps towards better physical, mental and emotional health.

Monday 5 May 6:30pm - 8:30pm 3 week course

## UNDERSTANDING TRAUMA - THE SCIENCE AND THE IMPACTS, AND MINIMISING THE IMPACTS (WEEKEND)

NEW

Price: \$20

This workshop will provide you with valuable insights into the internal workings of trauma, helping you better comprehend why individuals react differently to similar traumatic events.

Saturday 5 April 10:00am - 12:00pm 1 day course

## UNDERSTANDING YIN AND YANG ENERGY (WEEKEND)

Price: \$25

Learn about Yin and Yang energies to live a more fulfilling life.

Saturday 1 March 10:00am - 12:00pm 1 day course

## WELL-BEING COURSES

See Personal Development

# HEALTH, WELL-BEING & FITNESS - YOGA, PILATES & TAI CHI

## PILATES - BEGINNERS

Price: \$100

This class is designed for those who are new to pilates. It introduces students to the foundation skills of pilates breathing, pelvic floor control and isolation of muscle groups for targeted effort.

Monday	10 February	7:00pm - 8:00pm	8 week course
Monday	28 April	7:00pm - 8:00pm	8 week course
Monday	21 July	7:00pm - 8:00pm	8 week course
Monday	6 October	7:00pm - 8:00pm	8 week course
Tuesday	11 February	7:00pm - 8:00pm	8 week course
Tuesday	29 April	7:00pm - 8:00pm	8 week course
Tuesday	22 July	7:00pm - 8:00pm	8 week course
Tuesday	7 October	7:00pm - 8:00pm	8 week course
Wednesday	12 February	7:00pm - 8:00pm	8 week course
Wednesday	30 April	7:00pm - 8:00pm	8 week course
Wednesday	23 July	7:00pm - 8:00pm	8 week course
Wednesday	8 October	7:00pm - 8:00pm	8 week course

## PILATES - FOR EVERYONE

Price: \$100

This course incorporates both beginner and continuing levels in a friendly, easy-going class.

Monday	10 February	6:00pm - 7:00pm	8 week course
Monday	28 April	6:00pm - 7:00pm	8 week course
Monday	21 July	6:00pm - 7:00pm	8 week course
Monday	6 October	6:00pm - 7:00pm	8 week course
Tuesday	11 February	6:00pm - 7:00pm	8 week course
Tuesday	29 April	6:00pm - 7:00pm	8 week course
Tuesday	22 July	6:00pm - 7:00pm	8 week course
Tuesday	7 October	6:00pm - 7:00pm	8 week course
Wednesday	12 February	6:00pm - 7:00pm	8 week course
Wednesday	30 April	6:00pm - 7:00pm	8 week course
Wednesday	23 July	6:00pm - 7:00pm	8 week course
Wednesday	8 October	6:00pm - 7:00pm	8 week course

## PILATES AND YOGA

Price: \$100

Learn a range of gentle exercises using a combination of pilates and yoga practices. Explore gentle breathing, meditation techniques and exercises to help with strength and balance.

Monday	10 February	5:00pm - 6:00pm	8 week course
Monday	28 April	5:00pm - 6:00pm	8 week course
Monday	21 July	5:00pm - 6:00pm	8 week course
Monday	6 October	5:00pm - 6:00pm	8 week course

## ASHTANGA YOGA - BEGINNERS

NEW

Price: \$100

Ashtanga yoga is a practice that focuses on linking mind and movement by breathing and being present and aware of your body. Ashtanga focuses on muscle training and developing physical strength. It is a physically demanding practice, which can be strenuous and may present challenges for those new to yoga or with specific injuries or body limitations.

Tuesday	11 February	6:30pm - 7:30pm	8 week course
Tuesday	29 April	6:30pm - 7:30pm	8 week course
Tuesday	22 July	6:30pm - 7:30pm	8 week course
Tuesday	7 October	6:30pm - 7:30pm	8 week course

## YIN YOGA

Price: \$135

If you're tired, perhaps struggling to manage stress or anxiety, craving energy, or perhaps overstimulated with a busy mind, this might just be the answer.

Wednesday	12 February	6:30pm - 8:00pm	8 week course
Wednesday	30 April	6:30pm - 8:00pm	8 week course
Wednesday	23 July	6:30pm - 8:00pm	8 week course
Wednesday	8 October	6:30pm - 8:00pm	8 week course

## YOGA - BEGINNERS

Price: \$110

Want the benefits of yoga but don't know where to start? Concerns about injuries, flexibility and fitness? Stretch, relax and feel good, with kind and experienced instructors.

Monday	10 February	6:30pm - 8:00pm	8 week course
Monday	28 April	6:30pm - 8:00pm	8 week course
Monday	21 July	6:30pm - 8:00pm	8 week course
Monday	6 October	6:30pm - 8:00pm	8 week course

## YOGA - CONTINUING

Price: \$105 - \$125

Further explore aspects of traditional Yoga including; breathing, meditation and deep relaxation.

Monday	10 February	6:00pm - 7:30pm	8 week course	\$125
Monday	28 April	6:00pm - 7:30pm	8 week course	\$125
Monday	21 July	6:00pm - 7:30pm	8 week course	\$125
Monday	6 October	6:00pm - 7:30pm	8 week course	\$125
Wednesday	12 February	6:30pm - 7:30pm	9 week course	\$105
Wednesday	30 April	6:30pm - 7:30pm	9 week course	\$105
Wednesday	23 July	6:30pm - 7:30pm	9 week course	\$105
Wednesday	8 October	6:30pm - 7:30pm	9 week course	\$105



## YOGA - @ REMUERA (DAY)

Price: \$145 - \$160

Focus on correct breathing, flexibility, yoga and relaxation. Classes are held at St Mark's Church Hall on Remuera Rd.

Thursday	13 February	10:00am - 11:30am	9 week course	\$145
Thursday	1 May	10:00am - 11:30am	9 week course	\$145
Thursday	17 July	10:00am - 11:30am	10 week course	\$160
Thursday	9 October	10:00am - 11:30am	10 week course	\$160

## TAI CHI BEGINNERS - LEVELS 1, 2 & 3

Price: \$93 Monday sessions held at St Mark's Church, Remuera

A series of slow, continuous movements that promote physical and mental well-being, and improve coordination and balance. Suitable for beginners and those with some experience.

Monday	17 February	11:30am - 1:00pm	6 week course
Monday	5 May	11:30am - 1:00pm	6 week course
Monday	28 July	11:30am - 1:00pm	6 week course
Monday	13 October	11:30am - 1:00pm	6 week course
Tuesday	18 February	7:30pm - 9:00pm	6 week course
Tuesday	6 May	7:30pm - 9:00pm	6 week course
Tuesday	29 July	7:30pm - 9:00pm	6 week course
Tuesday	14 October	7:30pm - 9:00pm	6 week course
Wednesday	19 February	7:30pm - 9:00pm	6 week course
Wednesday	7 May	7:30pm - 9:00pm	6 week course
Wednesday	30 July	7:30pm - 9:00pm	6 week course
Wednesday	15 October	7:30pm - 9:00pm	6 week course

## TAI CHI INTERMEDIATE - LEVELS 1 & 2

Price: \$93 Monday sessions held at St Mark's Church, Remuera

Invitation only. This intermediate class is for those who have mastered the basic forms and posture and have been invited to progress to this level by teacher Bruno.

Monday	17 February	10:00am - 11:30am	6 week course
Monday	5 May	10:00am - 11:30am	6 week course
Monday	28 July	10:00am - 11:30am	6 week course
Monday	13 October	10:00am - 11:30am	6 week course
Tuesday	18 February	6:00pm - 7:30pm	6 week course
Tuesday	6 May	6:00pm - 7:30pm	6 week course
Tuesday	29 July	6:00pm - 7:30pm	6 week course
Tuesday	14 October	6:00pm - 7:30pm	6 week course
Wednesday	19 February	6:00pm - 7:30pm	6 week course
Wednesday	7 May	6:00pm - 7:30pm	6 week course
Wednesday	30 July	6:00pm - 7:30pm	6 week course
Wednesday	15 October	6:00pm - 7:30pm	6 week course



# HISTORY & SOCIETY



We have special offers and discounts applying to some of these courses. Please see our website.

## A JOURNEY UP THE NILE - A STUDY OF ANCIENT EGYPT

Price: \$90

Take a virtual tour up the Nile from Cairo to Aswan and learn about the history of Ancient Egypt. Step back in time and discover the many ancient sites of Egypt while gaining an understanding of Egyptian art, religion and society.

Wednesday	23 July	6:30pm - 8:30pm	4 week course
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## ANCIENT GREECE - FROM THE TROJAN HORSE TO ALEXANDER THE GREAT

Price: \$90

Travel back through time for this four part historical overview of Ancient Greece. This informative and captivating course will cover four periods of Ancient Greek history with a focus on Athens including early Greece (1600-600 BC), the Archaic period, the Classical period and the Hellenistic Period.

Wednesday	23 July	6:30pm - 8:30pm	4 week course
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## BIBLICAL THEMES IN CINEMA - FROM FEMME FATALES TO SUPERHEROES AND APOCALYPSE

NEW

Price: \$130

This course will take a light-hearted but informative look at biblical stories and themes exploring how they resonate through the lens of cinema and shape the way we interpret familiar biblical figures.

Wednesday	7 May	7:00pm - 9:00pm	6 week course
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## BOTANICAL BANDITS - THE UNTOLD STORIES OF PLANT HUNTERS AND THEIR IMPACT ON GLOBAL LANDSCAPES

NEW

Price: \$75

Take a look back in time to travel with some of the key figures who collected, stole and swindled plants from the wilds of The Americas, Asia and Oceania to give us today's edible and common landscape plants. This will help give you an understanding of the effort required to collect and propagate plants from their original habitat so they can grow in today's gardens.

Tuesday	22 July	7:00pm - 9:00pm	3 week course
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## EVERYDAY LIFE IN ANCIENT EGYPT - A JOURNEY THROUGH TIME WITH A FICTIONAL FAMILY

NEW

Price: \$90

This course brings ancient Egypt to life in a way that's both engaging and easy to understand, offering a unique perspective on a fascinating civilisation.

Wednesday 19 March 7:00pm - 9:00pm 4 week course

## EXPLORING THE HISTORY OF ITALY - A ONE DAY JOURNEY FROM UNIFICATION TO REPUBLIC (WEEKEND)

NEW

Price: \$80

Come and join Giulia, globetrotter, Italian teacher and podcaster as she unveils the intricate history of Italy to unification and its 20-year fascist dictatorship.

Saturday 5 April 10:00am - 4:00pm 1 day course

## HISTORY OF ART IN ANCIENT MEXICO

NEW

Price: \$90

Join us for an exploration of the captivating cultures that flourished in Mexico before the arrival of the kingdom of Spain. In this course, the students will learn to identify the most important cities and developments in the territory. The course will start with the origins of civilisation up to the year 1521, marked by the fall of Tenochtitlan.

Monday 10 February 7:30pm - 8:30pm 8 week course

## INTRODUCTION TO ART HISTORY - RENAISSANCE TO SURREALIST ART

Price: \$130

Join Anya to learn about the great artists including Michelangelo, Rubens, Van Gogh and Dali. Learn about the broader social and historical influences on art, and how art in turn influences society.

Tuesday 15 July 6:30pm - 8:30pm 6 week course



## MAGIC IN ANCIENT GREECE AND ROME - A HISTORICAL EXPLORATION

NEW

Price: \$90

Delve into the captivating world of ancient magic in this in-depth course, where we explore the diverse practices of magic and witchcraft in Ancient Greece and Rome.

Tuesday 7 October 7:00pm - 9:00pm 4 week course

## MYTHOLOGY, MADNESS AND MORALS: THE ANCIENT GREEKS, THEIR GODS AND THE MODERN PSYCHE

Price: \$39

Join Dr Miriam Bissett to explore Greek mythology, philosophy and literature and discover their relevance to the modern psyche.

Wednesday 20 August 6:30pm - 8:00pm 2 week course

## RELIGION IN ANCIENT GREECE AND ROME - GODS, MYTHS, AND RITUALS

NEW

Price: \$130

Step into the fascinating world of ancient Greek and Roman religions, where myths, rituals, and divine figures shaped the fabric of everyday life. This course invites you to explore the powerful gods and goddesses, the captivating myths, and the religious practices that influenced not only personal beliefs but also public ceremonies and cultural identity.

Monday 5 May 7:00pm - 9:00pm 6 week course

## RELIGIONS OF THE WORLD (WEEKEND)

NEW

Price: \$120

Embark on a transformative two-day journey through the world's five major religions appreciating both the diversities and similarities between them. Understand the wisdom from all five and build your own spiritual toolbox to help with everyday life.

Sat + Sun 17 May 10:00am - 4:00pm 2 day course

## SLAVIC ICONS - ART, SYMBOLISM AND HISTORY

NEW

Price: \$130

Come and delve into the fascinating world of Slavic icons, exploring the rich history, symbolism, and cultural significance behind these sacred works of art. Icons are not just beautiful pieces of art, they are deeply intertwined with religious, historical, and military events that shaped Eastern European and Slavic culture.

Monday 21 July 7:00pm - 9:00pm 6 week course

## TOURS & WALKS - HISTORIC / ART / SCULPTURE / BATTLEFIELDS...

See Tours & Walks

## UNDERSTANDING ISLAM

Price: \$93 / \$20 (for qualifying residents)

For many of us, all we know about Islam is what we hear in the media. Here is your chance to learn more about this rich and old religion. Learn about the prophets of God, the holy book The Qur'an, women in Islam, the concept of life in Islam, the prohibited, science and Islam today.

Wednesday 28 May 7:00pm - 8:30pm 5 week course

# THINKTALKS 2025



■ See website for more information on these series of talks.

### THE FUTURE OF DEMOCRACY IS AUTHORITARIANISM BEING NORMALISED?

**Speaker:**  
Prof. Chris Ogden  
Prg. Director of Global Studies  
The University of Auckland  
Tuesday, 11 March  
7.30pm – 8.30pm

### BEHIND THEIR SCREENS: THE RISKS OF SOCIAL MEDIA FOR CHILDREN AND POTENTIAL SOLUTIONS

**Speaker:**  
Dr Samantha Marsh  
Senior Research Fellow  
The University of Auckland  
Tuesday, 8 April  
7.30pm – 8.30pm

### THE UNIVERSE IN 60 MINUTES!

**Speaker:** Dr John Bray  
Post-Doctoral Research Fellow  
The University of Auckland  
Tuesday, 13 May  
7.30pm – 8.30pm

### WEAPONIZING CIVILIAN PROTECTION: COUNTERINSURGENCY AND COLLATERAL DAMAGE IN AFGHANISTAN

**Speaker:**  
Dr Thomas Gregory  
Senior Lecturer  
University of Auckland  
Tuesday, 3 June  
7.30pm – 8.30pm

### A MĀORI WHĀNAU PERSPECTIVE OF ASSISTED DYING IN AOTEAROA NEW ZEALAND

**Speaker:**  
Dr Tess Moeke-Maxwell  
Senior Research Fellow  
The University of Auckland  
Tuesday, 12 August  
7.30pm – 8.30pm

### RAISING RESILIENT KIWI KIDS REDUCING THE RISK OF MENTAL DISTRESS

**Speaker:** Dr Felicia Low  
Senior Research Fellow  
The University of Auckland  
Tuesday, 16 September  
7.30pm – 8.30pm

### COLLATERAL IMPACTS OF ENERGY TRANSITION AND EFFECTS ON FOOD PRICES AND AGRICULTURAL PRODUCTION

**Speaker:**  
Prof. Emilson Silva  
Director of the Energy Centre  
The University of Auckland  
Tuesday, 21 October  
7.30pm – 8.30pm

### TACKLING ANTIMICROBIAL RESISTANCE A GLOBAL CHALLENGE

**Speaker:** Ghader Bahiri  
Associate Professor  
The University of Auckland  
Tuesday, 18 November  
7.30pm – 8.30pm

# HOME, GARDEN & DIY



## ART & CRAFT COURSES

- MOSAICS / KINTSUGI / RESIN / SOFT STONE / FOLDING BOOKS / EARRINGS...

See Art & Craft – Other

## BASIC SOAP-MAKING WORKSHOP (WEEKEND)

Price: \$65

In this three hour workshop, you will learn the basics of soap-making and have a chance to make your own soap from scratch, using oils that you can buy in the supermarket.

Saturday 16 August 9:00am - 12:00pm 1 day course

## CANDLE MAKING - FOR BEGINNERS (WEEKEND)

Price: \$56

Learn to prepare and fragrance two beautiful container candles.

Saturday 1 March 10:00am - 1:00pm 1 day course  
Sunday 6 July 10:00am - 1:00pm 1 day course  
Saturday 27 September 10:00am - 1:00pm 1 day course

## CARVE AND PLAY YOUR OWN MĀORI PUORO (WIND INSTRUMENTS) (WEEKEND)

NEW

Price: \$195

Experience the ancient sounds of Aotearoa and join the Maha Tomo to learn about Taonga Puoro (treasures that bring sound to life). Transitioning Your Garden for the Changing Season. In this wananga, you will carve then learn to play a basic Koauau (Maori flute) from bamboo and also a Porotiti (spinning wind instrument) from native NZ timber.

Sunday 8 June 10:00am - 4:00pm 1 day course

## CARVE YOUR OWN POUNAMU MĀORI WHALE'S TOOTH PENDANT (WEEKEND)

NEW

Price: \$215

Using traditional methods and also modern machinery, participants will get to create a Rei Niho (whale's tooth) pendant.

Saturday 16 August 10:00am - 4:00pm 1 day course





## CRASH COURSE IN CONTAINER GARDENING (WEEKEND)

Price: \$42

Learn the special tricks of container gardening from an expert.

Saturday	5 April	10:00am - 1:00pm	1 day course
Saturday	27 September	10:00am - 1:00pm	1 day course

## DECLUTTER AND/OR DOWNSIZE YOUR HOME (WEEKEND)

Price: \$68

Your lifestyle and life challenges may well dictate a reorganisation of your home priorities and belongings, resulting in a need to downsize and/or declutter. Learn how to manage this process.

Sunday	6 July	10:00am - 3:00pm	1 day course
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## DESIGN YOUR OWN FOOD FOREST (WEEKEND) NEW

Price: \$65

Learn how to design and create your own food forest in a suburban sized backyard, following permaculture principles. This course is held offsite in Ellen's food forest at St Johns.

Saturday	15 March	10:00am - 1:00pm	1 day course
Saturday	6 September	10:00am - 1:00pm	1 day course
Saturday	15 November	10:00am - 1:00pm	1 day course

## DEVELOP YOUR OWN SUSTAINABILITY PLAN (WEEKEND) NEW

See Personal Development

## DIY HOME REPAIR & MAINTENANCE - MASTER THE BASICS WITH EXPERT DEMONSTRATIONS (NIGHT/WEEKEND) NEW

Price: \$70-\$90

This DIY course is designed for those looking to tackle common home repair tasks with confidence. During this course (one day or four evenings), you'll watch expert demonstrations covering a range of essential skills, from plastering and painting to repairing Gib board, windows, and doors. Bring your problems and we will do our best to help.

Wednesday	5 March	7:00pm - 9:00pm	4 week course	\$90
Saturday	5 July	10:00am - 4:00pm	1 day course	\$70
Wednesday	23 July	7:00pm - 9:00pm	4 week course	\$90
Saturday	27 September	10:00am - 4:00pm	1 day course	\$70

## EDIBLE GARDEN WORKSHOP (WEEKEND)

Price: \$65

Learn how to turn your backyard into a productive garden full of healthy, nutritious fruit, vegetables and herbs for your family. You will learn about how to start with soil preparation, plant selection, and propagation using permaculture ideas. This course is held offsite in Ellen's food forest at St Johns.

Saturday	15 February	10:00am - 1:00pm	1 day course
Saturday	24 May	10:00am - 1:00pm	1 day course
Saturday	25 October	10:00am - 1:00pm	1 day course

## FLORAL DESIGN - BEAUTIFUL BOUQUETS (WEEKEND)

Price: \$95 - (Includes all materials)

Learn the basics of floristry and how to tie bouquets. The design will be made with fresh seasonal flowers and participants will be able to take home their creation!

Saturday	5 April	10:00am - 2:00pm	1 day course
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## FLORAL DESIGN - CELEBRATE CHRISTMAS WITH FLOWERS (WEEKEND)

Price: \$90 - (Includes all materials)

Create flower arrangements to decorate your home and to help celebrate the festive season. In this one day course, you will learn to make gorgeous wreaths and table displays using both traditional and contemporary techniques. Fresh flowers and accessories provided.

Saturday	29 November	10:00am - 2:00pm	1 day course
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## FLORAL DESIGN - DRIED FLORAL ARRANGEMENTS (WEEKEND)

Price: \$95 - (Includes all materials)

Dried flowers are experiencing a huge revival for interior design and even weddings. Learn to use dried flowers to create a dried floral wreath, as well as the basics of drying flowers.

Saturday	16 August	10:00am - 2:00pm	1 day course
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## FLORAL DESIGN - FORAGING AND ARRANGING WILD FLOWERS (WEEKEND)

Price: \$95 - (Includes all materials)

Come and learn how to select and arrange flowers from your rambles along roadsides, parks or beaches. Learn to identify and select local flora, understand seasonal availability and principles to forage sustainably. By selecting interesting textural combinations, leaf patterns and complementary colours, you will learn to arrange unique, sustainable floral designs.

Saturday	1 March	10:00am - 2:00pm	1 day course
Saturday	5 July	10:00am - 2:00pm	1 day course

## FLORAL DESIGN - FRESH SPRING BLOOMS (WEEKEND)

Price: \$95 - (Includes all materials)

Use the season's freshest flowers to shape a posy with texture and balance.

Saturday 6 September 10:00am - 2:00pm 1 day course

## FLORAL DESIGN - MINIMALIST ELEGANCE WITH IKEBANA-INSPIRED ARRANGEMENTS (WEEKEND)

Price: \$95 - (Includes all materials)

Learn the art of floral expression in this Ikebana-inspired class, where you'll learn the principles of minimalist design using a kenzan pin. This will assist you to achieve the delicate balance between form and impact.

Saturday 27 September 10:00am - 2:00pm 1 day course



## GROWING AND CARING FOR INDOOR PLANTS (WEEKEND)

Price: \$53

Learn from a professional container garden trainer how to plant, propagate and care for your indoor plants.

Sunday 6 April 10:00am - 2:00pm 1 day course  
Sunday 28 September 10:00am - 2:00pm 1 day course

## INTRODUCTION TO BEEKEEPING (WEEKEND)

Price: \$169

Join experienced apiculture teacher, Greg Harrington for this intensive introduction to beekeeping. You will leave this course with enough knowledge to manage your own beehive including queen rearing and how to split a hive.

Sat + Sun 6+7 September 9:00am - 5:00pm 2 day course



## INTRODUCTION TO ORGANIC GARDENING AND PERMACULTURE (WEEKEND)

Price: \$53

Come to this workshop for an introduction to organic gardening and permaculture, and learn how to apply the principles to your garden.

Saturday 1 March 10:00am - 2:00pm 1 day course

## JAPANESE INCENSE MAKING (WEEKEND)

Price: \$125

Come and gain an understanding of this beautiful art form and learn how to make your own incense at home. You will also get to take home your own set of aromatic incense cones.

Saturday 7 June 1:00pm - 3:00pm 1 day course  
Saturday 1 November 1:00pm - 3:00pm 1 day course

## MĀORI BONE CARVING WORKSHOP (WEEKEND) NEW

Price: \$195 - (Includes materials)

Create your own bone carving in this tikanga-based contemporary workshop. At the end of the workshop, you will have crafted your own bone fish hook (matau) and have skills to continue on your carving journey.

Sunday 7 September 10:00am - 4:00pm 1 day course

## MĀORI TRADITIONAL MEDICINES AND HOME REMEDIES (WEEKEND)

See Health, Well-being & Fitness

## PEBBLE MOSAICS (WEEKEND)

Price: \$147 - (Includes \$55 of materials)

Learn how to create gorgeous pebble mosaics through the precast indirect reverse method. You will leave the course with your very own garden slab.

Saturday 5 April 10:00am - 4:00pm 1 day course  
Sunday 30 November 10:00am - 4:00pm 1 day course

## PERMACULTURE IN THE CITY - GARDEN FOR WELLBEING FOR YOU AND THE PLANET (DAY) NEW

Price: \$97

An introduction into how to make the best use of your own garden space to live more sustainably, healthier and wealthier. Course is held offsite at Wadhamville Garden in St Heliers.

Friday 28 February 9:30am - 1:00pm 1 day course  
Friday 2 May 9:30am - 1:00pm 1 day course  
Friday 12 September 9:30am - 1:00pm 1 day course  
Friday 10 October 9:30am - 1:00pm 1 day course

## PRINCIPLES OF SMALL GARDEN DESIGN

Price: \$75

Create the best from your small courtyard or garden and create another room for modern living.

Tuesday 12 August 7:00pm - 9:00pm 3 week course

## PRODUCING VEGETABLES AND FRUIT FROM SMALL GARDENS (WEEKEND)

Price: \$53

Come and learn how to get the best out of your small garden to enjoy a full year of produce.

Saturday 6 September 10:00am - 2:00pm 1 day course

## PRUNING (WEEKEND)

Price: \$53

Discover how to correctly prune fruit trees and ornamental bushes for maximum productivity.

Wed + Sat 14 March 7-9pm + 10am-12pm 2 day course  
Wed + Sat 2 July 7-9pm + 10am-12pm 2 day course

## RARANGA KETE WANANGA (WEEKEND)

Price: \$160 - (Includes materials)

Join this class for a holistic experience of raranga weaving in accordance and alignment with traditional indigenous practices (Tikanga and Kaupapa Māori). You'll learn the basic skills to weave a kete and take it home as a gift or for your own use.

Sat + Sun 1+2 March 9:30am - 4:30pm 2 day course  
Sat + Sun 27+28 September 9:30am - 4:30pm 2 day course

## TEXTILES COURSES

- SEWING / EMBROIDERY / PATTERNS / KNITTING / DYES / LAMPSHADES...

See Interiors & Textiles



## TRANSITIONING YOUR GARDEN FOR THE CHANGING SEASONS - AT KINGS PLANT BARN

NEW

Price: \$29

Come and learn how to care for your garden and prepare for the season ahead. You will learn all about fertilisers, pruning and diseases so that your next season's plants will be lush and abundant! This class is held at Kings Plant Barn, Lunn Avenue.

Thursday 3 April 6:00pm - 8:00pm 1 day course  
Thursday 4 September 6:00pm - 8:00pm 1 day course  
Thursday 30 October 6:00pm - 8:00pm 1 day course

## WOODTURNING FOR BEGINNERS

NEW

Price: \$365 - (Includes materials)

Get started with woodturning and learn about tools, safety, maintenance and techniques and by the end of the course you will have turned your own bowl and other items as well!

Monday 28 April 6:00pm - 9:00pm 8 week course

## WOODWORKING FOR BEGINNERS

Price: \$210 - (BYO materials)

A step-by-step class where you will learn to draw, measure and assemble a simple project. Gain confidence in using machinery, knowledge and characteristics of wood, different cuts, joints and techniques.

Monday 10 February 7:00pm - 9:00pm 8 week course  
Tuesday 29 April 7:00pm - 9:00pm 8 week course  
Tuesday 22 July 7:00pm - 9:00pm 8 week course  
Tuesday 7 October 7:00pm - 9:00pm 8 week course



# INTERIORS & TEXTILES



## BLOCK PRINTING ON FABRIC AND PAPER (WEEKEND)

Price: \$128 - (Includes some materials)

Join textile artist Lesley on this fun workshop and learn how to create your own wooden printing blocks and explore ways to transfer your creativity onto a surface of either paper or fabric.

Saturday 5 April 9:00am - 4:00pm 1 day course

## CONTEMPORARY TEXTILE ART - FLAMING HOT FIBRES (WEEKEND)

Price: \$285 - (Includes all materials)

Join Alys Midgellow-Marsden for this exciting and innovative mixed media workshop where you will experiment ways to use heat, flame and stitch to produce exciting colours, textures and patterns on various materials. You will explore the distinctive properties of Lutradur, Tyvek and Angelina and learn to manipulate these to create richly coloured, textured and embellished surfaces.

Sat + Sun 29+30 November 10:00am - 4:00pm 2 day course

## CONTEMPORARY TEXTILE ART - USING METAL

Price: \$285 - (Includes all materials)

Join Alys Midgellow-Marsden for this exciting and innovative textile art workshop using thin metals (including recycled waste) to produce exciting colours, textures and patterns.

Sat + Sun 17+18 May 10:00am - 4:00pm 2 day course

## CORNER TO CORNER CROCHET NEW

Price: \$120 - (Includes all materials)

Unlock the cozy and creative world of Corner to Corner (C2C) crochet in this hands-on course, suitable for those confident with a range of stitches (more below).

Tuesday 19 August 6:30pm - 8:30pm 4 week course

## CREATE YOUR OWN PRINTED FABRIC BOOK COVER (WEEKEND)

Price: \$104 - (Includes all materials)

Join textile artist Lesley Pearce to create your own personalised fabric book cover using dyes, stencils and block printing.

Saturday 7 June 10:00am - 3:00pm 1 day course

## CREATING BEAUTIFUL NATURAL DYES (WEEKEND)

Price: \$164 - (Includes most materials)

Explore the beauty of natural dyeing on wool and silk. You will learn to prepare the fibre to receive the colour and how to extract the colour from natural plants. Through this beautiful and sustainable process you will go home with your own dyed silk scarf and some dyed wool for future use.

Sunday 2 November 9:00am - 4:00pm 4 week course

## CROCHET FOR BEGINNERS

Price: \$143 - (Includes all materials)

Get face to face, hands on instruction over four weeks building your skills from absolute beginner to confident crocheter! All materials are provided – just show up and learn.

Tuesday 4 March 6:30pm - 8:30pm 4 week course  
Tuesday 15 July 6:30pm - 8:30pm 4 week course

## FUROSHIKI ELEGANCE - CREATE YOUR OWN MONOGRAMMED FABRIC POUCH FOR GIFT-GIVING OR KEEPSAKES (WEEKEND) NEW

Price: \$98 - (Includes all materials)

With a nod to the concept of Japanese Furoshiki wrapping, join Karen on this one-day workshop to create your own beautiful fabric pouch using natural fibres which can be either gifted or used for keepsakes.

Saturday 6 September 10:00am - 4:00pm 1 day course

## INTRO TO AMIGURUMI CROCHET NEW

Price: \$120 - (Includes all materials)

This course is perfect for those who are looking for their next step in the crochet journey by learning specific stitches and techniques to improve their amigurumi projects.

Tuesday 6 May 6:30pm - 8:30pm 4 week course

## INTRO TO TAMBOUR EMBROIDERY (WEEKEND)

Price: \$92 - (Includes all materials)

Learn the basics of this exquisite embroidery technique using beads and sequins.

Sunday 6 April 10:00am - 3:00pm 1 day course  
Sunday 28 September 10:00am - 3:00pm 1 day course



## LAMPSHADE MAKING (WEEKEND)

Price: \$117 - (BYO fabric - kit supplied)

Produce your own stunning fabric lampshade in one short workshop. Everything provided but bring your own fabric.

Saturday	1 March	1:30pm - 4:00pm	1 day course
Saturday	5 July	1:30pm - 4:00pm	1 day course
Saturday	6 September	1:30pm - 4:00pm	1 day course
Saturday	29 November	1:30pm - 4:00pm	1 day course

## LEARN TO KNIT - FOR ABSOLUTE BEGINNERS (WEEKEND)

Price: \$170 - (BYO materials)

Always wanted to learn to knit? Here's your chance to learn from scratch. Come and learn from an expert.

Wednesday	7 May	7:00pm - 9:00pm	6 week course
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## LEARN TO KNIT - NEXT STEPS (WEEKEND)

NEW

Price: \$170 - (BYO materials)

A follow on for those who have completed our Learn to Knit Beginners or those who can already confidently knit purl and plain, cast on and off, and read a simple pattern.

Tuesday	22 July	7:00pm - 9:00pm	6 week course
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## PATTERN ALTERATION AND DESIGN

Price: \$167 - (BYO materials)

Learn how to create your own design by altering an existing pattern. At the first lesson, we will discuss your design ideas and look at suitable pattern options on-line. You will then purchase the pattern to alter and tailor.

Wednesday	12 February	7:00pm - 9:00pm	8 week course
Wednesday	30 April	7:00pm - 9:00pm	8 week course
Wednesday	23 July	7:00pm - 9:00pm	8 week course
Wednesday	8 October	7:00pm - 9:00pm	8 week course



## RARANGA KETE WANANGA (WEEKEND)

See Home, Garden & DIY

## SASHIKO STITCHING - FOR BEGINNERS (DAY/WEEKEND)

Price: \$130 - (Includes most materials)

Come and learn the beautiful Japanese art of Sashiko Stitching with a New Zealand flavour. You'll leave the course having embroidered a cushion cover, and with the skills to repair worn clothes, giving them an extended life.

Saturday	8 June	10:00am - 4:00pm	1 day course
Saturday	1 November	10:00am - 4:00pm	1 day course

## SEWING - FOR BEGINNERS (NIGHT/WEEKEND)

Price: \$209 - (Includes pattern, BYO fabric)

Always wanted to learn to sew? Come along to this fun class and make your own Tote Bag and Apron while learning the basics of sewing.

Monday	10 February	7:00pm - 9:00pm	8 week course
Monday	28 April	7:00pm - 9:00pm	8 week course
Monday	21 July	7:00pm - 9:00pm	8 week course
Monday	6 October	7:00pm - 9:00pm	8 week course
Sat + Sun	1+2 March	9:30am - 4:30pm	2 day course
Sat + Sun	27+28 September	9:30am - 4:30pm	2 day course

## SEWING - FOR BEGINNERS - MAKE A KIMONO-STYLE ROBE (WEEKEND)

Price: \$140 - (Includes pattern, BYO fabric)

This course is for those new to sewing and will teach fundamental sewing skills. You will leave with your own kimono-style robe.

Sat + Sun	5 April	10:00am - 3:00pm	2 day course
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## SEWING - NEXT STEPS (NIGHT/WEEKEND)

Price: \$156 - (BYO materials)

Save money and get creative making clothes for your family or light furnishings for your home. Learn simple and fun sewing techniques: bring pattern, fabric, scissors, pins, and get started. This is a Next Steps course for those who already have basic sewing and machining skills.

Tuesday	11 February	7:00pm - 9:00pm	8 week course
Tuesday	29 April	7:00pm - 9:00pm	8 week course
Tuesday	22 July	7:00pm - 9:00pm	8 week course
Tuesday	7 October	7:00pm - 9:00pm	8 week course
Sat + Sun	16+17 August	9:30am - 4:30pm	2 day course



# JOB SKILLS



■ View the website to see a range of courses to help you find your next job. Options include:

**A ROADMAP TO STARTING AN ONLINE BUSINESS** (WEEKEND)

**ACCOUNTING - THE BASICS**

**BARISTA - FOR BEGINNERS / BARISTA - LATTE ART** (WEEKEND)

**BASIC COMPUTING SKILLS**

**BOOST YOUR DIGITAL LITERACY AND ONLINE SEARCH SKILLS** (WEEKEND)

**CREATE A CONTENT CALENDAR FOR BLOGS AND SOCIAL MEDIA WITH AI** **NEW**

**CRITICAL THINKING ESSENTIALS - SHARPEN YOUR MIND FOR DECISION-MAKING** **NEW**

**DATABASE FUNDAMENTALS AND SOFTWARE DESIGN WITH MICROSOFT ACCESS**

**HOW TO GROW YOUR DIGITAL BUSINESS WITH AI TOOLS** (WEEKEND) **NEW**

**HOW TO SOLVE MATHS PROBLEMS IN YOUR DAILY LIFE** **NEW**

**HOW TO USE AI FOR EFFECTIVE RESEARCH** **NEW**

**HOW TO USE AI TOOLS FOR BETTER WRITING** **NEW**

**HOW TO USE AI TOOLS TO EDIT PODCASTS AND VIDEOS** **NEW**

**HOW TO USE CAPCUT FOR CONTENT MARKETING** (WEEKEND)

**HOW TO USE INSTAGRAM FOR SOCIAL MEDIA MARKETING** (WEEKEND)

**INTRODUCTION TO ILLUSTRATOR** (NIGHT/WEEKEND)

**INTRODUCTION TO INDESIGN**

**INTRODUCTION TO MICROSOFT**

**INTRODUCTION TO PHOTOSHOP**

**INTRODUCTION TO PODCASTING** (WEEKEND) **NEW**

**MICROSOFT EXCEL / POWERPOINT / WORD**

**PRACTICAL CHAT GPT - EMPOWER YOUR LIFE & BUSINESS** (WEEKEND) **NEW**

**PRACTICAL ETHICS - MAKING DECISIONS WITH INTEGRITY** **NEW**

**SEO FOR SMALL BUSINESS** (WEEKEND)

**SPEAKING WITH CONFIDENCE - LEVEL 1 & 2**

**SUCCESSFULLY TEACHING ADULTS**

**THE ART OF CONVERSATION** (WEEKEND)

**WORDPRESS BOOTCAMP** (WEEKEND)

**WRITE A WINNING CV AND GET NOTICED** (WEEKEND)

# LANGUAGES & TRAVEL



## LANGUAGES



We offer language courses for absolute beginners and travellers, through to conversation classes for more fluent language speakers. Please see our website to see the full range of courses available.

### AVAILABLE LANGUAGES:

■ Please see our website for dates, times and prices.



■ ARABIC



■ CHINESE



■ FRENCH



■ HINDI



■ ITALIAN



■ JAPANESE



■ KOREAN



■ PORTUGUESE



■ RUSSIAN



■ SPANISH



■ TE REO MĀORI

■ Learn our official language, and improve your understanding of the culture and people of New Zealand.



**Nau mai, haere mai!** Welcome to our Te Reo Māori programme.

We offer three introductory levels of Te Reo Māori to get you started on your learning journey, with daytime and evening classes available. Waiata Māori is included as an option to support your formal language learning, or as a stand-alone course for fun and sociable singing, with the opportunity to learn kupu (words) and improve whakahuatanga (pronunciation).

Our experienced kaiako (teachers) are passionate about sharing Te Reo Māori and Te Ao Māori (language and the world of Māori) with you.

Evening classes are taught at Selwyn College and daytime classes at the Jubilee Building, 545 Parnell Rd, Parnell.

Our course fees are \$30 - \$60 (TEC-subsidised rate for NZ citizens and residents) to \$120 - \$155 (full price).

Courses run over eight weeks with a weekly class of 90 - 120 minutes.

Courses are scheduled term by term so check our website for upcoming dates or to register your interest.

## TRAVEL



NEW

### PACKING FOR TRAVEL (WEEKEND)

Price: \$55

Stressed over your travel packing? Concerned about excess weight? Confused about rolling vs flat packing? Learn essential tips from an expert and take the stress out of your travelling.

Saturday 5 April 10:00am - 2:00pm 1 day course

### SOLO TRAVEL FOR WOMEN - EXPLORE THE WORLD FEARLESSLY (WEEKEND)

Price: \$90 (Register for two and pay for one)

Have you dreamed of a fabulous travel adventure, and then given up when you couldn't find someone to go with? In this workshop we'll discuss why you should consider travelling alone, and give you lots of tips to make this possible.

Sunday 2 March 9:30am - 3:30pm 1 day course

### TRAVEL SKETCHING

See Art & Craft – Other

### TRAVEL WRITING (WEEKEND)

Price: \$120

Wanting to record your travel experiences whether exploring New Zealand or travelling further afield? Join experienced travel writer Catherina van Bohemen and learn how to put these experiences into words for a blog, an email, a journal or for publication.

Saturday 16 August 10:00am - 4:00pm 1 day course

### WALKING THE CAMINO DE SANTIAGO (WEEKEND)

Price: \$54

Do you have the Camino de Santiago on your bucket list? Find out about the life changing pilgrimage through this captivating workshop and learn the dos and don'ts to successfully tick this one off your list.

Saturday 5 April 10:00am - 3:00pm 1 day course



## MUSIC, DANCE & DRAMA



### BALLROOM AND LATIN DANCING - FOR BEGINNERS

Price: \$84 or \$140 per couple

Bring your partner and learn some new easy dance moves. Be introduced to a different style of dance each night – waltz, quickstep, cha cha cha, jive rock 'n' roll, rumba and Argentine tango.

Wednesday	19 February	6:15pm - 7:15pm	6 week course
Wednesday	6 August	7:30pm - 8:30pm	6 week course
Wednesday	22 October	6:15pm - 7:15pm	6 week course

### BEGINNERS DRAMA (FOR 8-10 YEARS) AND DRAMA PRODUCTION (FOR 9-12 YEARS)

See Children - After School

### CARVE AND PLAY YOUR OWN MĀORI PUORO (WIND INSTRUMENTS) (WEEKEND)

NEW

Price: \$195

Experience the ancient sounds of Aotearoa and join the Maha Tomo to learn about Taonga Puoro (treasures that bring sound to life).

Sunday 8 June 10:00am - 4:00pm 1 day course

### CRAFTING SONGS - A DEEP DIVE INTO LYRICS, MUSIC AND MEANING

NEW

Price: \$120

Explore the lyrical, musical and philosophical elements of songwriting. The lessons learnt can be applied for aspiring songwriters, experienced songwriters, or anyone interested in listening to music with a more critical ear. Some basic musical theory will be involved, but no prior knowledge is required.

Monday	17 February	7:30pm - 9:00pm	8 week course
Monday	28 April	7:30pm - 9:00pm	8 week course
Monday	21 July	7:30pm - 9:00pm	8 week course
Monday	6 October	7:30pm - 9:00pm	8 week course



## INTRODUCTION TO ARGENTINE TANGO

Price: \$84 \$140 per couple

Enjoy the music, find the rhythm, and dance through the 8 step basics. Then go on to basic turns and further.

Wednesday	19 February	7:30pm - 8:30pm	6 week course
Wednesday	14 May	7:30pm - 8:30pm	6 week course

## SALSA AND BACHATA DANCING - FOR BEGINNERS

Price: \$84 \$140 per couple

Bring your dance partner and experience an introduction to salsa and bachata dancing. Enjoy the rhythm of these Latin dances. Learn some easy moves and impress on the dance floor!

Wednesday	14 May	6:15pm - 7:15pm	6 week course
Wednesday	6 August	6:15pm - 7:15pm	6 week course
Wednesday	22 October	7:30pm - 8:30pm	6 week course

## UKULELE - FOR BEGINNERS

Price: \$120 - BYO Ukulele

Be the life of the party and learn the ukulele! Learn basic chords, strumming patterns and tab reading by playing along with new songs each week. No musical experience required.

Monday	17 February	6:00pm - 7:30pm	8 week course
Monday	28 April	6:00pm - 7:30pm	8 week course
Monday	21 July	6:00pm - 7:30pm	8 week course
Monday	6 October	6:00pm - 7:30pm	8 week course

## UKULELE - THE NEXT STEP

Price: \$120 - BYO Ukulele

Grow your range of chords and strumming patterns on the ukulele with a range of fun songs. Please note this is a beginner - developing level class therefore not suitable for advanced players.

Wednesday	12 February	6:00pm - 7:30pm	8 week course
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## WAIATA MĀORI

Price: \$120 / \$30 (for qualifying residents)

Wind down by learning waiata Māori from the traditional sort to those of Rob Ruha. At the pace of the class we will learn the kupu (words), the rangi (tune and harmonies) and actions for waiata-a-ringa (action songs). A great way to de-stress and socialise. No musical experience required.

Monday	10 February	3:00pm - 4:30pm	8 week course
Wednesday	12 February	7:30pm - 9:00pm	8 week course
Monday	28 April	3:00pm - 4:30pm	8 week course
Wednesday	30 April	7:30pm - 9:00pm	8 week course
Wednesday	23 July	7:30pm - 9:00pm	8 week course
Wednesday	8 October	7:30pm - 9:00pm	8 week course



## SELWYN COMMUNITY ARTS THEATRE

If you are passionate about theatre, either front of stage or backstage, Selwyn Community Theatre welcomes you.

For more information please email June Renwick [junierenwick@gmail.com](mailto:junierenwick@gmail.com)





# PERSONAL DEVELOPMENT



## BECOMING UNSTOPPABLE (NIGHT/WEEKEND) NEW

Price: \$75

Feeling Stuck? Discover the power of belief transformation. Delve into our beliefs – how they're formed and shape our thoughts and perceptions. Explore practical techniques to identify and replace disempowering beliefs with empowering ones that align with our true selves and goals.

Tuesday	18 March	6:30pm - 8:30pm	3 week course
Saturday	7 June	10:00am - 4:00pm	1 day course

## BOOST YOUR DIGITAL LITERACY AND ONLINE SEARCH SKILLS (WEEKEND)

See Computer Skills – Navigating AI & Fact Checking

## COLOUR ANALYSIS AND MAKEUP WORKSHOP (WEEKEND)

Price: \$98

Personal colour analysis is an investment in yourself and your future. Confidence comes from wearing the colours that enhance you and truly suit your own unique personal colouring.

Sunday	2 March	10:00am - 3:00pm	1 day course
Sunday	18 May	10:00am - 3:00pm	1 day course
Sunday	8 June	10:00am - 3:00pm	1 day course
Sunday	7 September	10:00am - 3:00pm	1 day course

## COMMUNICATING COMPASSIONATELY - BASED ON NON-VIOLENT COMMUNICATION (WEEKEND) NEW

Price: \$150

It is so easy to slip into unhelpful ways of communicating when we are under stress or tension. Learn some life changing tools to help connect you to yourself and the people around you with authenticity, compassion and clarity, in a way that can meet both your needs and their needs.

Sat + Sun	16+17 August	9:00am - 4:00pm	2 day course
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## CRITICAL THINKING ESSENTIALS - SHARPEN YOUR MIND FOR BETTER DECISION-MAKING NEW

Price: \$120

Unlock the power of your mind with our engaging short course on critical thinking! Learn ways to construct and recognise valid and strong arguments and how to spot and avoid logical fallacies, biases, assumptions, rhetoric, reasoning gaps, irrelevant premises, conspiracy thinking.

Tuesday	29 April	7:00pm - 9:00pm	6 week course
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## DEVELOP YOUR OWN SUSTAINABILITY PLAN (WEEKEND) NEW

Price: \$80

We know we need to do more to make our world 'more sustainable'. But what does that actually mean? Where should we focus? And how can we be sure that what we're doing really makes a difference? Come and identify your goals and learn simple steps to implement them.

Sunday	8 June	10:00am - 4:00pm	1 day course
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## HOW TO NAVIGATE DIFFICULT CONVERSATIONS AND FIND COMMON GROUND NEW

Price: \$110

In today's world, social media and AI strongly influence our opinions, often leading to challenging conversations with others – ending in polarisation, withdrawal, or conflict. In this course, we will look at what has caused an increase in polarisation and learn how to have satisfying conversations where everyone benefits and relationships are maintained.

Tuesday	25 February	7:00pm - 9:00pm	4 week course
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## HOW TO SOLVE MATHS PROBLEMS IN YOUR DAILY LIFE NEW

Price: \$80

Do you feel you wished you had paid more attention at school to your maths lessons? Here is a short course that will provide an introduction to the fundamentals providing you with the tools to apply these concepts in real-world situations.

Tuesday	3 June	7:00pm - 9:00pm	4 week course
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## INTRODUCTION TO PODCASTING (WEEKEND) NEW

Price: \$115

Discover the art of podcasting in this six-hour workshop! Perfect for beginners, this course covers everything you need to start your podcast journey.

Saturday	5 April	10:00am - 4:00pm	1 day course
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## MAKEUP FOR THE 40+ (WEEKEND)

Price: \$98 - (Includes materials)

You may be stuck doing the same makeup routine that you have always done. But now that you are in your 40's or older, the makeup look that you loved in your 20's and 30's just isn't right any more. You will identify makeup to suit your skin tone and go home with your own colour palette of makeup.

Sunday	6 April	10:00am - 3:00pm	1 day course
Sunday	6 July	10:00am - 3:00pm	1 day course



NEW

## MINDFULNESS FOR EVERYDAY - SIMPLE PRACTICES FOR A PEACEFUL MIND

Price: \$20

This one-evening introductory course is designed for individuals curious about mindfulness and seeking practical tools to enhance their well-being.

Monday	24 March	7:00pm - 9:00pm	1 day course
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## NO MORE PEOPLE PLEASING!

Price: \$158 / \$50 (for qualifying residents)

Do you always put yourself second? Come and learn effective techniques to help you put your own needs first and develop healthier relationships too.

Wednesday	7 May	7:00pm - 9:00pm	8 week course
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## PARENTS AS CAREER INFLUENCERS - SUPPORTING YOUR TEEN'S CAREER JOURNEY

Price: \$65

Parents play a crucial role in shaping their children's career aspirations, confidence and decisions. This course is designed for parents of young teenagers, offering practical strategies and insights on how to be a constructive, positive influence in their child's career thinking.

Monday	24 February	7:00pm - 9:00pm	2 week course
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## PRACTICAL ETHICS - MAKING DECISIONS WITH INTEGRITY

Price: \$120

Join us for a dynamic and engaging short course that demystifies the world of ethics and empowers you to make thoughtful decisions in your daily life. Whether you're grappling with personal dilemmas, workplace challenges, or social issues, this course offers accessible insights into ethical principles that can guide your choices.

Tuesday	12 August	7:00pm - 9:00pm	6 week course
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NEW

## SPEAKING WITH CONFIDENCE

Price: \$155 / \$50 (for qualifying residents)

Do you want to run a mile at the mere thought of public speaking, or dread presentations? Public speaking is a learned skill. Become a confident speaker, and have fun getting there.

Tuesday	18 February	5:00pm - 7:00pm	8 week course
Tuesday	29 April	7:00pm - 9:00pm	8 week course
Tuesday	22 July	5:00pm - 7:00pm	8 week course
Tuesday	7 October	7:00pm - 9:00pm	8 week course

## SPEAKING WITH CONFIDENCE - LEVEL 2

Price: \$155 / \$50 (for qualifying residents)

This is a follow-on course for those who have completed Speaking With Confidence (our introductory course) to continue developing public speaking skills.

Tuesday	18 February	7:00pm - 9:00pm	8 week course
Tuesday	29 April	5:00pm - 7:00pm	8 week course
Tuesday	22 July	7:00pm - 9:00pm	8 week course
Tuesday	14 October	5:00pm - 7:00pm	8 week course

## SUCCESSFULLY TEACHING ADULTS

Please visit ACE Aotearoa for more information and dates.

A workshop recommended for tutors who are new or would like to add tools, strategies, and knowledge needed to meet the diverse needs of adult learners.



## SUPPORTING PEOPLE WITH MENTAL HEALTH CHALLENGES

See Health, Well-being & Fitness

NEW

## THE ADVANCED ART OF CONVERSATION (WEEKEND)

Price: \$40

Would you like to improve your conversations? Learn to start mutually interesting discussions, stay up to date with 'hot topics', conclude difficult conversations and disagree with respect.

Saturday	27 September	10:00am - 1:00pm	1 day course
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## THE ART OF CONVERSATION (WEEKEND)

Price: \$80 / \$30 (for qualifying residents)

Gain basic skills and confidence to introduce yourself in ways that are memorable, and how to actively listen to people so you can remember what they're telling you, and how to respond well.

Sat + Sun	7+8 June	10:00am - 1:00pm	2 day course
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## THE ARTIST'S WAY

See Art & Craft – Other

# PHOTOGRAPHY



## CYANOTYPE PHOTOGRAPHIC PRINTING (WEEKEND)

See Art & Craft – Other

## INTRODUCTION TO PHOTOSHOP

See Computer Skills

## IPHONE PHOTOGRAPHY - FOR BEGINNERS (NIGHT/WEEKEND) NEW

Price: \$124 - BYO iPhone

Wanting to improve your social media photographs? This course is ideal for anyone who wants to create amazing photos – portraits, selfies, still life, landscapes, night photos, food, close-ups and more.

3 Wed+Thur+Sat 6 August 7-9pm + 9:30-11:30am 4 week course + 1 Saturday

## LANDSCAPE PHOTOGRAPHY (WEEKEND)

Price: \$57 - BYO Camera

This course will help you transform your snaps into beautiful landscape portraits. It is held in the field and incorporates compositional elements, camera settings, equipment, techniques for depth of field and capturing motion and location/perspective. Held at Coyle Park Reserve, Pt Chev.

Saturday 7 June 2:00pm - 6:00pm 1 day course



## PHOTOGRAPHY - DSLR AND MIRRORLESS CAMERAS - BEGINNERS

Price: \$124 - BYO Camera

Learn the basics of DSLR photography and camera modes, aperture, shutter speed, night photos and much more.

4 Mon + 1 Sat 17 February 7-9pm + 9:30-11:30am 4 week course + 1 Saturday  
4 Wed + 1 Sat 5 November 7-9pm + 9:30-11:30am 4 week course + 1 Saturday

## PHOTOGRAPHY - DSLR CAMERAS - BEGINNERS WORKSHOP (WEEKEND)

Price: \$87 - BYO Camera

This course is designed as an introduction to the DSLR and mirrorless camera.

Sunday 2 March 10:00am - 4:00pm 1 day course  
Saturday 29 November 10:00am - 4:00pm 1 day course

## STREET ART PHOTOGRAPHY (WEEKEND)

Price: \$44 - BYO Camera - This course is held offsite, meeting at Aotea Square in the CBD.

Street art can be found in the strangest and most surprising places. This session is a walk around some of the most significant pieces of street art in the central city with practical support on photographing the walk and artworks.

Sunday 19 October 10:00am - 1:00pm 1 day course

## TAKE YOUR CAMERA OFF AUTO (WEEKEND)

Price: \$87

Come and learn from an expert how to maximise the features of your camera – get more out of your investment!

Saturday 17 August 10:00am - 4:00pm 1 day course



# TOURS, WALKS & DIVERSIONS



## A WALKING FOOD TOUR OF PONSONBY ROAD (WEEKEND)

Price: \$36

Come for a stroll down Ponsonby's memory lane and relive the food history which makes Ponsonby 3 Lamps area so fascinating. Find out about a murder, a brothel owner, and a sly grog operation.

Saturday 11 October 2:00pm - 4:30pm 1 day course

## BATTLEFIELDS OF THE WAIKATO WAR (WEEKEND)

NEW

Price: \$190

Join tour guide Terry Hobin on this fascinating one day coach trip to the Waikato following the path of the British Army during the Land Wars. We will stop to visit a number of military redoubts and survey battle sites, and more. During the journey we will discuss the use of boats by the British and cannon by Māori, compare policies and consider outcomes.

Sunday 7 September 7:30am - 5:30pm 1 day course

## CHESS FOR ALL

Price: \$115

Join a national chess coach and develop your memory, concentration and focus.

Tuesday 29 April 7:00pm - 9:00pm 6 week course

## HISTORIC AUCKLAND WALKS - GUIDED AUCKLAND CITY WALK (WEEKEND)

Price: \$35

Join this entertaining and fascinating 2 hour walking tour around the central city in which you will learn about almost a thousand years of history since Māori first settled Tāmaki Makarau. Meet in the Auckland CBD.

Saturday 3 May 10:00am - 12:00pm 1 day course



## LANDSCAPE PHOTOGRAPHY (WEEKEND)

See Photography

## LAWN BOWLS 101 (WEEKEND)

Price: \$65

Learn the basics of lawn bowls, the strategic, challenging and fun sport for ages 12+. These classes are held at the Kohimarama Bowling Club.

Sunday 12 October 10:00am - 12:00pm 3 week course



## SCULPTURES & MURALS - IN THE CENTRAL CITY (WEEKEND)

Price: \$35

Join us for a central city walk of art that will embrace sculpture, murals and commissioned art and the influence it has on public spaces. Meet in the Auckland CBD.

Saturday 15 November 10:00am - 12:00pm 1 day course

## STREET ART PHOTOGRAPHY (WEEKEND)

See Photography

# WRITING



## CREATIVE WRITING - WITH JUDITH WHITE - REALITY AS A SOURCE OF INSPIRATION AND IMAGINATION (WEEKEND)

Price: \$220

Lies, disguise and camouflage: Reality as a source of inspiration and imagination for the fictionally challenged! Join Judith White for a stimulating approach to creative writing.

Sat + Sun 16+17 August 10:00am - 4:00pm 2 day course

## ENJOY WRITING POETRY - WITH JANICE MARRIOTT (WEEKEND) NEW

Price: \$120

Janice's workshop will encourage you to write your own poetry and show you how to get satisfaction from describing experiences and expressing thoughts in fresh, vivid language.

Saturday 16 August 10:00am - 4:00pm 1 day course

## HOW TO USE AI TOOLS FOR BETTER WRITING NEW

See Computer Skills – Navigating AI & Fact Checking

## TRAVEL WRITING - WITH CATHARINA VAN BOHEMEN (WEEKEND)

Price: \$120

Wanting to record your travel experiences whether exploring New Zealand or travelling further afield? Learn to put these experiences into words for a blog, an email, a journal or for publication.

Saturday 16 August 10:00am - 4:00pm 1 day course

## WORDS AND WATERCOLOURS - A DAY OF POETIC ART (WEEKEND)

See Art & Craft – Painting

## WRITING CHILDREN'S PICTURE BOOKS - WITH MELINDA SZYMANIK (WEEKEND) NEW

Price: \$120

Always wanted to write a picture book? Gain tips and techniques for developing your ideas, organising them into a story, polishing them into a finished manuscript and submitting them to publishers and competitions.

Sunday 17 August 10:00am - 4:00pm 1 day course



## WRITING FAMILY STORIES - WITH DEBORAH SHEPARD (WEEKEND) NEW

Price: \$220

Explore your family stories using photographs, heirlooms and meaningful domestic objects to trigger a creative response. Dr Deborah Shepard will guide you through stages of life review: interview and recording technique; key questions; trust building and the interviewer's role as attentive listener sensitively facilitating the narration.

Sat + Sun 16+17 August 10:00am - 4:00pm 2 day course

## WRITING POEMS FOR CHILDREN - WITH ELENA DE ROO (WEEKEND)

Price: \$60

Are you interested in writing poems for children? Join Elena de Roo to learn the key elements of crafting poetry for children. (This course is for adults who want to write poetry for children).

Saturday 16 August 10:00am - 1:00pm 1 day course

## WRITING ROMANCE - WITH HAYLEY LEIBOWITZ (NIGHT/WEEKEND) NEW

Price: \$120-\$155

Want to write a romance novel but don't know where to begin? This course will take you from start to finish, with either a one-day workshop or an evening course over six weeks.

Monday	5 May	7:00pm - 9:00pm	6 week course	\$155
Sunday	17 August	10:00am - 4:00pm	1 day course	\$120

## A WRITER'S WEEKEND 16/17 AUGUST 2025

the **WOMEN'S**  
BOOKSHOP

### CREATE A NEW WORLD – OR SHARE THIS ONE!

Welcome to a wonderful weekend of writing workshops. These hands-on sessions offer a range of non-fiction and fiction writing styles to choose from. Try your hand at writing for children, travel writing, short story writing and romance writing. These workshops will be facilitated by writers who are experts in their field.

### WRITER'S WEEKEND OPENING ADDRESS: RAVES AND FAVES - WITH CAROLE BEU (WEEKEND)

You are invited to attend our free Writer's Weekend opening address at 9am on Saturday 16 August 2025. Carole Beu from The Women's Bookshop will fire up the day with an early morning talk on her raves and faves. Have a cuppa, listen to Carole and meet others.

Saturday 16 August 9:00am - 10:00am FREE

■ Please visit our website, as new writers will be included as we get closer to the event.

# GENERAL INFORMATION



## COURSE START DATES:

See individual courses for detailed start dates.

**Term 1:** Monday 10 February  
**Term 2:** Monday 28 April  
**Term 3:** Monday 21 July  
**Term 4:** Monday 6 October

## No classes on public holidays:

King's Birthday: Monday 2 June.  
Matariki: Friday 20 June.  
Labour Day: Monday 27 October.



## OFFICE HOURS:

**Monday, Tuesday and Wednesday:** 9:00am - 9:00pm, **Thursday and Friday:** 9:00am - 3:00pm  
**School-holidays:** When courses are running the office is open from 9:00am - 3:00pm.  
**Office Closed:** From Friday 19th December 2025, until Monday 12th January 2026.



**FINDING THE OFFICE:** We are located at the front of Selwyn College to the left of the main reception in the administration building (203-243 Kohimarama Road, Kohimarama, via Gate 2).



**FINDING YOUR CLASSROOM:** On the first day or evening of your class, come to the Community Education office where you will be met and given directions to your classroom.



**FEES:** Places are only guaranteed once payment is received.  
All fees are GST inclusive.



**ENROLMENTS:** All courses need a minimum number to proceed. If we do not have enough enrolments to proceed, we will let you know approximately five days prior to the scheduled start date. Please enrol early to avoid disappointment. There may be opportunities for late enrolments on some courses and some may have waiting lists. Please phone the office to enquire.



**ENROLMENT CONFIRMATION:** If you have supplied an email address you will receive a reminder of your course start date a couple of days before the course. Check your spam folder if you can't see it. If you do not hear from us, check our website for up-to-date times and dates. Telephone us on 521 9623 if you're unsure.



**REFUNDS AND TRANSFERS:** If you are unable to attend a course and provide at least five working days notice before the course starts, the following options are available:

- Refund your course fee - less \$25 administration charge.
- Transfer your course fee towards a different course - less \$25 administration charge.
- Hold a credit, as requested - less \$25 administration charge.

Refunds or transfers or credits will not be given for withdrawals within five working days of the class start date, or once a class has started as decisions about whether courses can proceed are based on the number of enrolments. This policy applies if unexpected circumstances impact on your attendance, in which case you are welcome to send someone in your place as long as you notify us prior to the course start.



**CHANGES TO PROGRAMME:** In the case of unforeseen circumstances, we reserve the right to change the advertised programme and/or tutor. Every effort will be made to advertise such changes, and we always endeavour to be fair. Please check our website for up-to-date information.



## CARS AND PARKING:

The main carpark is situated at the front of the school. We advise caution if parking at the Barfoot & Thompson Stadium which adjoins the school. Many car parking spaces have restrictions. Parking is not permitted in gateways or on grassed areas. Vehicles that block access or are incorrectly parked may be towed away. The carpark is locked from 9:15pm, when evening classes are running.

**Evening Courses:** Parking is available on the school grounds but can often be limited. There may be parking in the Barfoot & Thompson Stadium carpark which adjoins the school, or if not there is street parking close to the school.

**Weekend Courses:** There is normally ample parking on the school grounds.

**Weekday Courses:** There is no parking on the school grounds, but there is street parking close by.



## DISABLED PARKING:

A disabled car park is labelled and available beside the Selwyn Community Education office. Users of the disabled park must display a permit.



## NO SMOKING OR VAPING:

Smoking is not permitted anywhere in or around school buildings or anywhere within the school grounds.



## PERSONAL PROPERTY / LIABILITY:

Please do not leave valuables in your car or unattended in classrooms.

The Selwyn College Board of Trustees will in no way be liable for any loss resulting from any damage to, or the theft of, any property belonging to an employee or a student. Accordingly, any student must arrange their own personal insurance to cover loss or damage to personal property while it is situated at the College.



To minimise the risk of damage, students should ensure that their personal property is secured, preferably in alarmed areas, and that vehicles are parked in allocated parking spaces.



## AGE TO ATTEND:

You must be 16 or over to enrol in any course apart from the Children and Teen courses.

CHECK OUT THE LATEST ADDITIONS AND UPDATES AT: [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

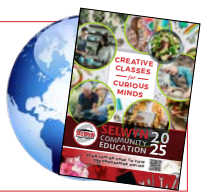


## ON OUR EMAILING LIST?

Visit our website and subscribe to our newsletter for updates and special offers.

This programme will be constantly reviewed and amended during the year. Please check our website for the latest updates.

[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

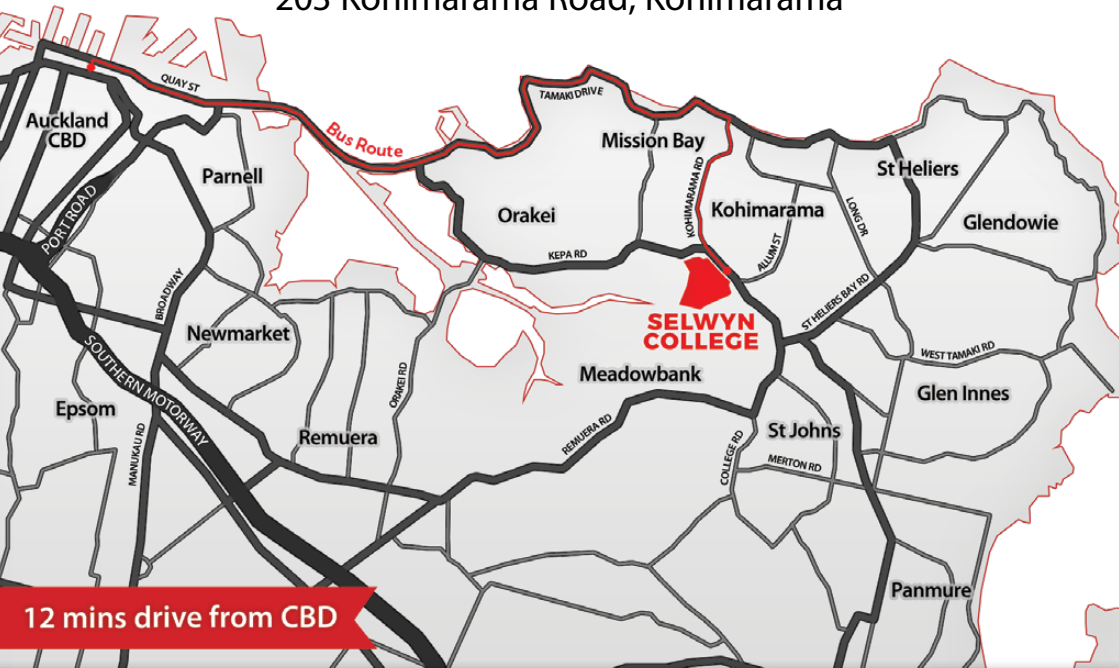




# SELWYN 20 COMMUNITY 25 EDUCATION

[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

Phone: 09 521 9623 Email: [info@selwyncomed.school.nz](mailto:info@selwyncomed.school.nz)  
203 Kohimarama Road, Kohimarama



**CREATIVE CLASSES *for* CURIOUS MINDS**

